MAY 6 — 12, 1978

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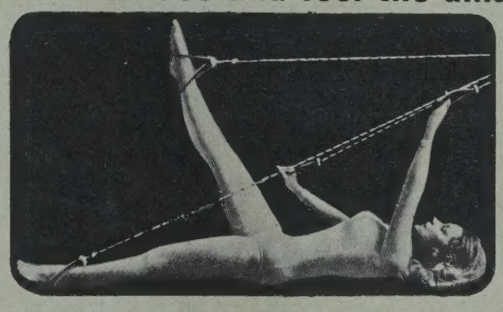
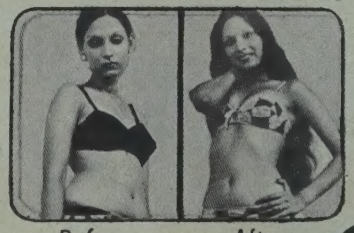
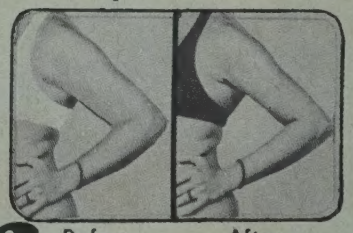


Check here which part of you needs beautifying most:



Before After



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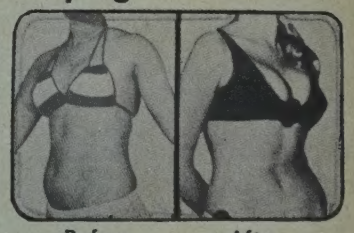

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ANURADHA PATEL

Just out of the eleventh standard at St. Xavier's College, Bombay, Anuradha—or Minnie — is looking forward to her second year of Junior College. After that she intends to forego the customary B.A. and instead branch out into a degree course in Interior Decoration at the J. J. School of Arts, Bombay.

"I'm not made to study," she says. "And interior designing is not just book-matter, it calls for imagination and creativity."

Anuradha is lucky. Not only does she know her mind and realise her own aptitude and limitations, but she has also had the benefit of active support and guidance from her parents. Her mother is herself an interior designer.

Not many teenagers are so lucky and, to help somewhat, we offer a few details about career possibilities.

Photograph : Farokh Reporter

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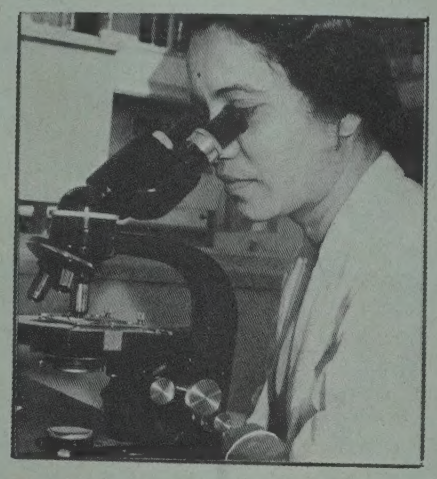
this week

THE IMPORTANCE OF CAREER PLANNING

This is about the time of year when those just out of school or Junior College are in the process of making decisions about higher studies. The trouble is that the majority do so with little thought of what they wish to do later on in life and how their education is going to help them achieve their goals. Parents, teachers and education authorities have a responsibiiity to help students through this period.

Page 9.



OPENINGS IN SCIENCE AND THE PROFESSIONS

Science offers a fairly wide choice of fields and jobs, especially in the new disciplines. Interviews with four women scientists.

Page 13.

Everyone is generally fairly familiar with the professions, but often women go into certain fixed specialisations, not necessarily because they are particularly interested in them.

Page 15.

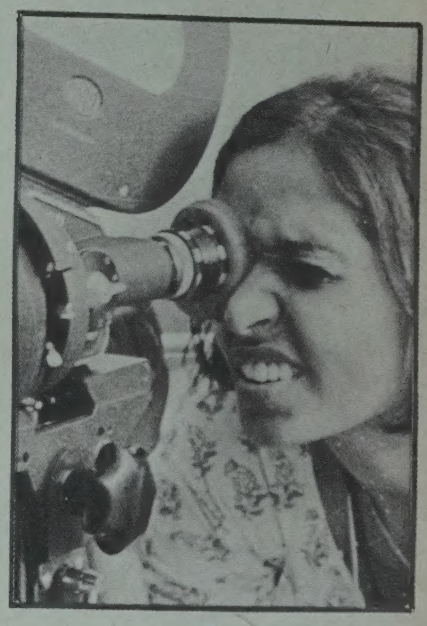
OPPORTUNITIES IN BUSINESS AND MEDIA

The business world offers scope to enterprising women. With the conservative attitudes of employers beginning to change — however slowly — and several institutes all over the country offering courses in business management, this is an area worth thinking about.

Page 43.

The communications media have opened up new opportunities for interesting careers. Apart from the obvious fields there are many areas yet to be discovered.

Page 45.



NATURE CURE IN A NUT-SHELL

Nature cure has received quite a fillip, what with the Prime Minister himself endorsing it. What is nature cure and how does it work?

Page 25.

ALSO

Flower Arrangement : the beauty of driftwood and dry flowers — **Page 19,** Film Interviews : five luminaries talk of people and events who have influenced them — **Page 23,** "Trapped" : Part II of the murder serial begun last week — **Page 36.**

REGULAR FEATURES

Your Page & Horoscope/**7**, Beauty/**21**,Heart to Heart//**21**, Comics/**22**, Fashion/**26**, Cookery/**31**, Frankly Speaking/**47**, People & Events/**48**, World of Eve/**49**, Madam I'm Adam/**50**.

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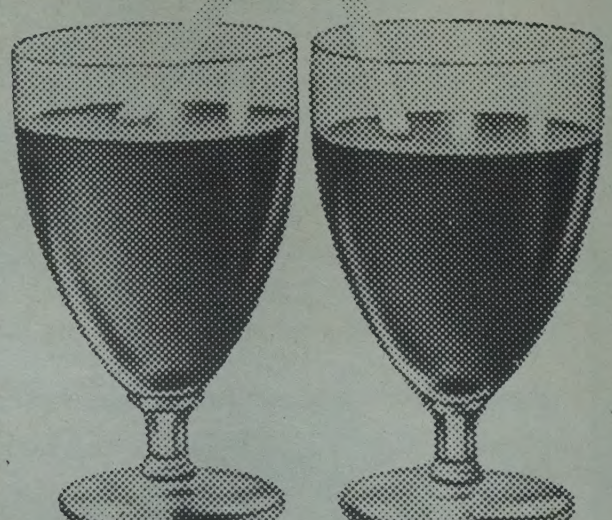

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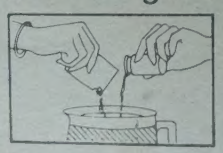

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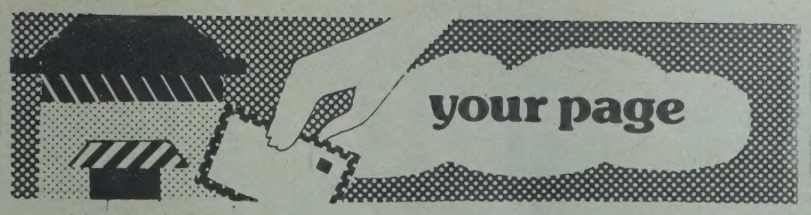

1st prize

TOWARDS LIBERATION

Why should a woman's life be determined more by her husband's wishes and domestic compulsions, than by her innermost desires? All this activity for liberation and militant feminism, how far can it succeed? Not very far, for no matter how liberal or modern the education of an Indian male, whon it comes to the atmosphere at home he is thoroughly chauvinistic and conservative. In fact, most Indian males are veritable dictators. They want to live even their wife's life. They cannot bear her having a contradictory point of view, though in another woman it may be appreciated as "intelligence".

As for the educated woman, how much harmony is she going to break to retain her individuality? Is she going to have a daily tussle for her right to go out when she needs it; her right to choose her own friends, visit them, have them visit her; pursue her own hobbies; go to work; have her own views and express them freely?

Most women love peace. For the sake of harmony, and in order to spare the children from the constant bickering, she may sacrifice her longings in the "larger interest". No matter how liberated before marriage, after initial frustration she learns to adjust, to become submissive, and to please her husband (and, perhaps, her in-laws) at the cost of her own personal growth. It must be only one per cent of the educated Indian women who will assert themselves at the risk of disrupting their home. No, the Indian woman can never liberate herself on her own. It is the enlightened male who will have to come forward. A microscopic minority does exist today. But to have enlightened males en masse, every young girl entering matrimony today must educate her sons to grow up into persons respecting their wives as individuals, as personalities that are constantly seeking to evolve, to grow, and be fulfilled in their own way.

If every woman takes up this task, at least two genrations later, as society continues its transition, we will achieve what we are trying to achieve now.

Miss Kashmira B. Baria.
Bombay.

Nothing ventured, nothing gained. While we agree that today's young parents will have to spawn spunky sons who will concede to women their due place, it is wrong to suppose that a woman must turn submissive for the sake of peace.

2nd prize

LIFE WITH FATHER

This has reference to the article "Fathers Are Parents Too", which you published some time ago.

Generally fathers do not involve themselves in the rearing of their children. They only serve as breadwinners in the upper middle class and upper class families. But in the lower and lowest middle class families, I have seen fathers actively participating in the running of their homes and bringing up children. In orthodox Hindu homes the wife is not allowed into the kitchen during menstruation for three or four days and for a certain number of days after delivery. During these times it is the husband who cooks and looks after the children, helping them bathe and dress, packing their lunch boxes, feeding the baby, etc. Then only does he go to work. In the evening also it is the same — cooking, washing, feeding.

On other days, too, the husband does all the shopping as the wife generally has her hands full. The men in these socio-economic brackets do it willingly and take it as a part of their daily duty, as they cannot afford servants. They spend their spare time playing with their children or helping the school-going kids with their homework while the wife is getting dinner ready. It is rarely that men from this class drink or go out anywhere by themselves in the evenings. They also don't read magazines like yours. I hope the men who read your magazine will take a lesson.

Mrs. P. Pathak, Bangalore.

We are not ecstatic over the fact that men enter the kitchen when their wives are menstruating or have just delivered. They are not really helping; they are merely conceding to useless superstitions and traditions. If they lend a hand on "other days", too, as you say then that is creditable. But, we repeat what we have said before: Husbands' help is an attitude of mind; it does not necessarily mean actually entering the kitchen.

3rd prize

HE CAN SHE CAN'T

While they prefer their own women demurely clad in saris and other such outfits which comfortably hide all 'assets', our Indian men do not bat an eyelid (and I mean that literally!) when it comes to ogling girls in the semi-nude attire.

Most men can be fiercely possessive of their wives or girlfriends, but women, of course, are denied any such privilege. Their possessive attitude is promptly put down to jealousy or downright cattiness!

Men have this allowance of a little fun now and then with flirty, obliging females. But wives have no business to even have a couple of male friends. It invites nothing but trouble and scenes.

Why, our Indian men are not only chauvinist pigs — as they are so aptly termed — but also qualified hypocrites!

Jyoti Lajmi, Bombay

Try telling this to the men. They'll put on their most innocent and injured looks and say: "We love you, we respect you. You are the queens of our households. What more can you want?" Makes you want to throw up, doesn't it?

this week for you

K. H. Shroff

For the week May 6 to May 12

ARIES (March 21 — April 19) Enterprising Arians gain success and high position. Good luck in home affairs and travelling. Favourable days:- 9-10.

TAURUS (April 20 — May 21) Week of provocation. Only favourable for money. You can overcome the tension by tacit silence. Avoid legal affairs. Favourable days:- 11-12.

GEMINI (May 22 — June 21) Parties prove profitable. Active mind and fit physical conditions offer opportunities to achieve objectives. Romantic trend. Favourable days:- All days.

CANCER (June 22 — July 22) Jupiter broadens your outlook on life. Very stimulating period to pursue high ambitions. Favourable days:- All days.

LEO (July 23 — Aug. 23) Exciting week as new social contacts bring favours and friendship from members of both sexes. Success for those connected to travel agencies and intending higher studies. Favourable days:- 8-9.

VIRGO (Aug. 24 — Sept. 22) Virgoans connected to writing and news media, publicity have encouraging week. Friends and influential people carry out your wishes. Favourable days:- 11-12.

LIBRA (Sept. 23 — Oct. 22) Inspiring week for artists and people dealing with luxurious articles. Invigorating week for international connections. Emotional rapport and correspondence. Favourable days: All days.

SCORPIO (Oct. 23 — Nov. 22) Jupiter minimises the impact of malefic planets, but compromise on all issues necessary. Favourable days:- 9-11.

SAGITTARIUS (Nov. 23 — Dec. 21) Love, engagement and marriage show favourable response. Start new enterprise or expand activities. Favourable days:- 7-8.

CAPRICORN (Dec. 22 — Jan. 19) Capricornians enter new zone of good response. This will bring money, fame and honour. Prospects of marriage. Favourable days:- 6-7.

AQUARIUS (Jan. 20 — Feb. 19) Restrictive radiations operate from malefic planets. It seems Aquarians will change course of life and thinking. Better condition foreseen. Favourable days:- 9-10.

PISCES (Feb. 20 — March 20) Idealistic state of mind and feelings receive magnanimous Jupiterian rays. Pisceans attached to music, stage and social services are encouraged. Favourable days:- All days.

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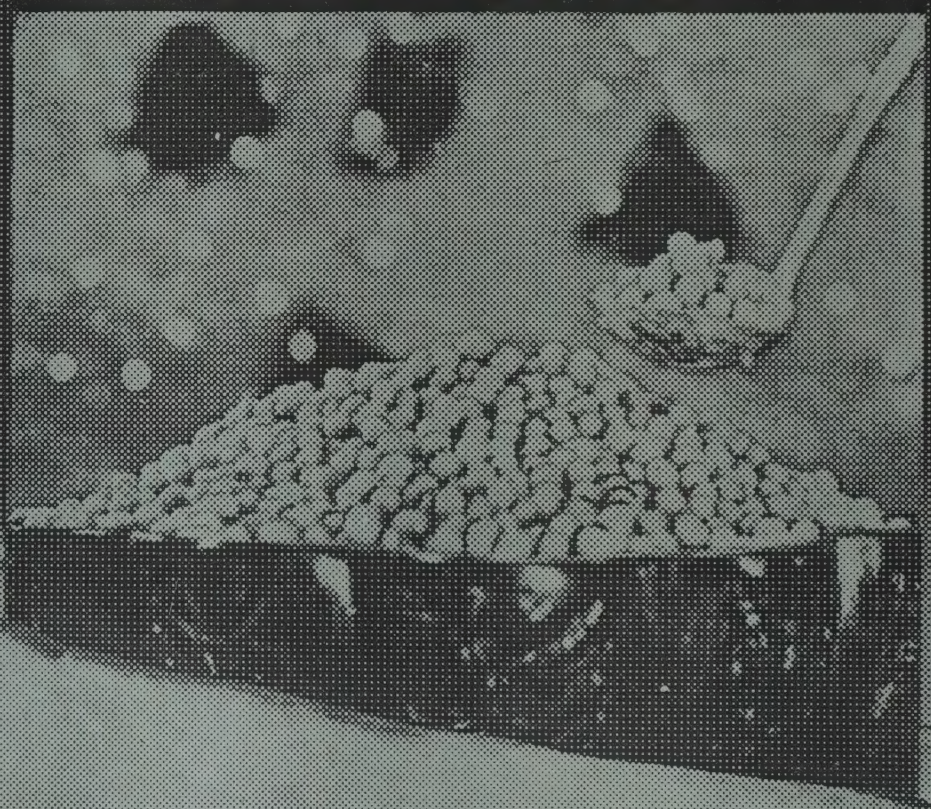

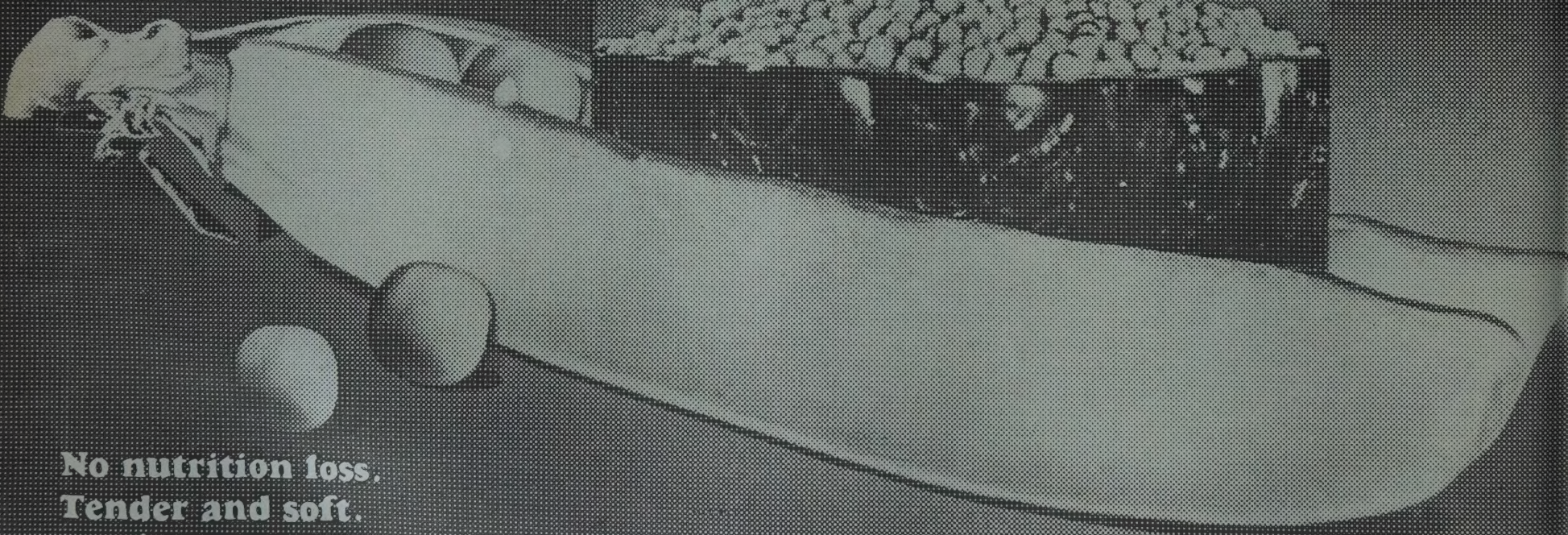

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THE IMPORTANCE OF CAREER PLANNING

Parents and teachers have a responsibility to help students make the right career choices well in time to prevent a waste of talent

Alpana Chowdhury

In any discussion of the reasons for India's backwardness, illiteracy and lack of education invariably occupy an important place. Churning out thousands of graduates, engineers and doctors every years is, however, hardly the solution to the problem.

It is time education became more organized and systematic. Going through four or five years of college without quite knowing the reason is a trend among students that needs to be discouraged. Education in India is still a luxury enjoyed by the privileged few. It should, therefore, be utilized purposefully. Higher education should be a means to a definite end and not an end in itself.

Channelizing students into different branches of study is one means by which overcrowding in graduate colleges may be prevented. Many teenagers enrol in colleges without any definite aim in mind. When I asked Sumita (a student in First Year Junior College) why she had taken Commerce and what she planned to do after her B.Com. she replied, "Oh, there's still lots of time before I need decide. Why worry about the future from now?"

"But surely you have some interest or talent that you would like to develop?" I asked.

"Yes," she said, "Actually I plan to be a professional singer."

"How will a B.Com. help you to become one?"

"I might switch to Arts next year. This year I had no friends in Arts, that's why I took Commerce."

It is this drifting with the tide and this inability to decide from the beginning what one plans to do that gives rise to the stampede into colleges every year. All bright students are expected to become doctors, chartered accountants or engineers, irrespective of their basic interests. Very often, therefore, they drop out after struggling for a year or two. Many girls go through college only because they have to while away four or five years before they can be married. These are unhealthy trends that must be stopped because such students prevent others (who **need** the degrees) from getting seats in colleges.

My discussion with some students of a college in an industrial area (where most of the students hail from the labour class) revealed that most of these students have entered college with very definite objectives. They have neither the time nor the money to aimlessly drift through college.

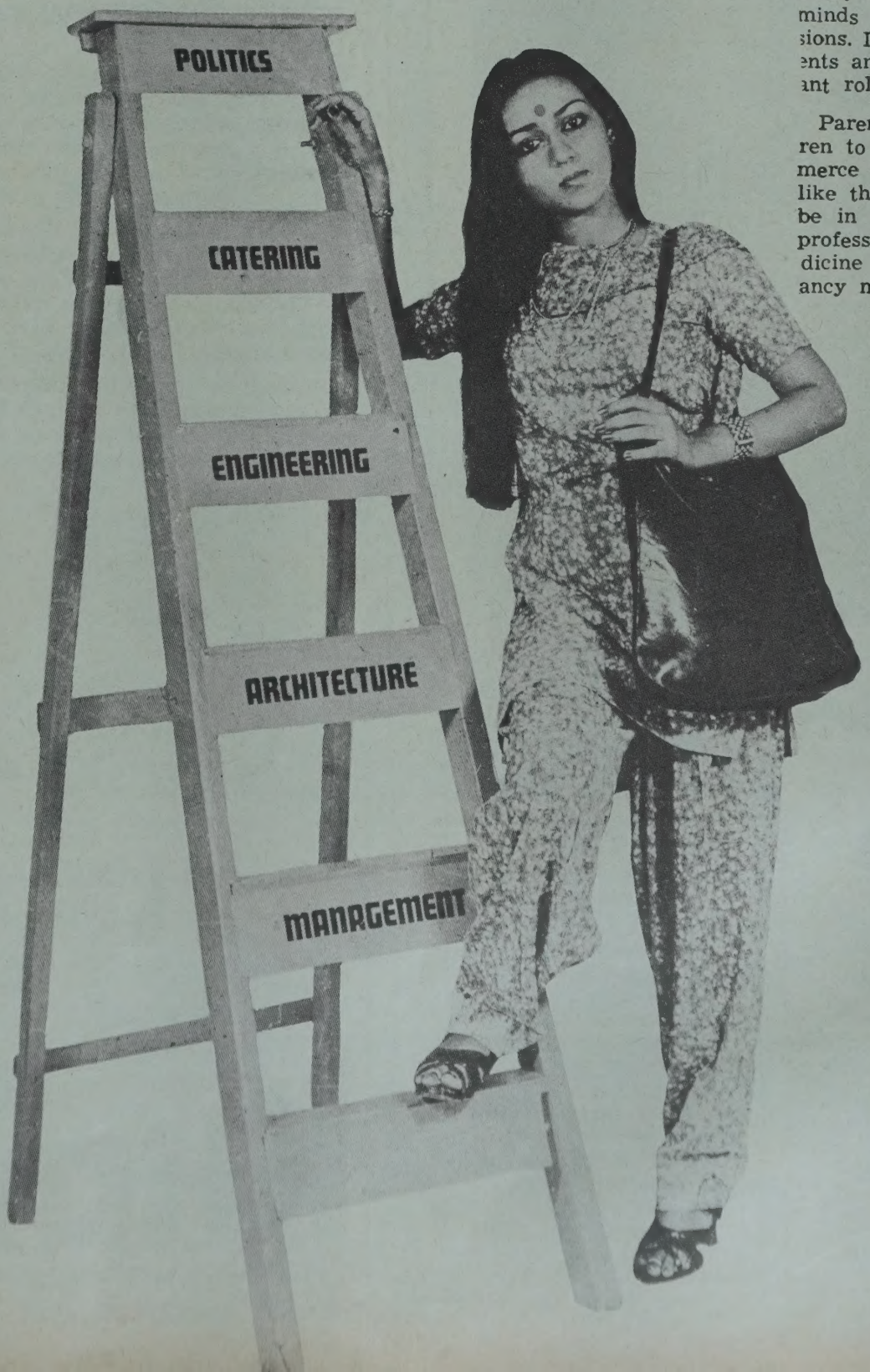
A large number of them enrolled themselves at the Employment Exchange soon after they passed their S.S.C. examinations. They then got employed as peons, as mill workers, as typists and whatever other jobs they could get where there was some chance of betterment.

Their subsequent promotions being dependent on their academic qualifications, they were continuing their studies simultaneously, in order to pass the Intermediate or B.A. examinations. For them these qualifications are **vital** for their promotions. Colleges catering to this category of students are, however, few in number. If drifters could be eliminated such students would find it easier to procure admission in colleges.

But what is it that causes students in general to be so vague and uncertain about their futures? Rupali and Ashok, both repent having joined the Commerce course. They both had a liking for Arts' subjects but, because they were told that Commerce has "more scope, more money" they joined the flock. They are now bored with their subject and are continuing the course half-heartedly, because "it's no use repenting now."

Are they to be blamed for this confusion? It must be remembered that with the new 10+2+3 system students are expected to make decisions at a very early age. At the age of fifteen or sixteen, soon after their S.S.C examination, they are faced with this critical question, "Which line should I join?" Inexperienced, immature and unexposed to the world at large, it is very difficult for them to make up their minds and make the right decisions. It is at this stage that parents and schools play an important role.

Parents who force their children to join the Science or Commerce lines because they would like their sons and daughters to be in the accepted, prestigious professions like engineering, medicine or chartered accountancy make a grave mistake. To-



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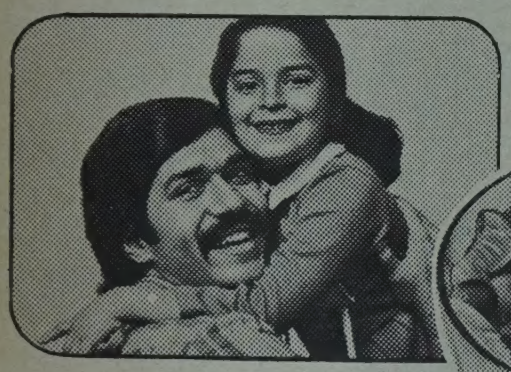

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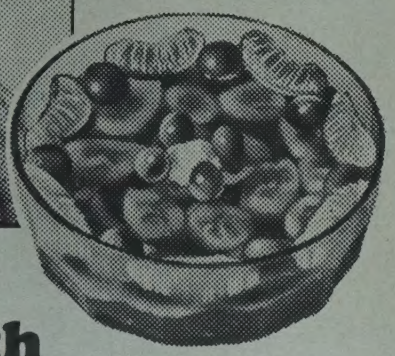

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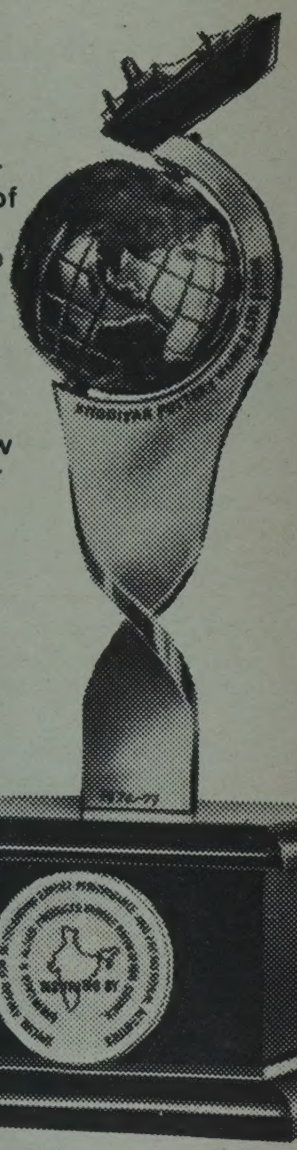

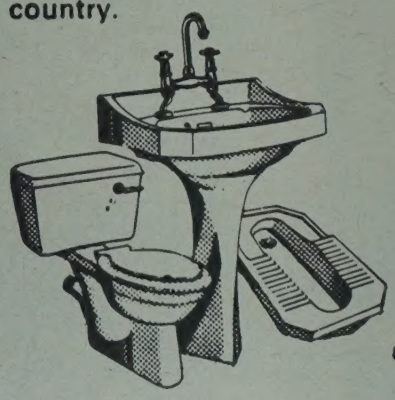

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THE IMPORTANCE OF CAREER PLANNING

day there are many other professions which can provide job-satisfaction to intelligent people. A bright child with a liking for History may purposefully develop his interest and later work in tourism, archaeology, research in anthropology, and so on.

It is important that parents expose their children to different vistas and horizons. Parents and school teachers know the children intimately, they know (or should get to know) their talents and drawbacks. At the same time they can be objective about them because they have (or should have) a wider knowledge of the professional world and can see them against this background. Ashok's father, for instance, would have liked his son to have become an engineer, but was sensible enough to realize that his son does not have a technical bent of mind. He therefore allowed him to make his own decision. But he blamed himself today for not having more firmly dissuaded him from enrolling for B.Com.

In the business community, decision-making is not so difficult. Even as children, the sons know that they are later going to look after their father's business. Sunil, Anand, Nirmal and Ajay, First Year students in Junior College, have all opted for Commerce knowing fully well why they are doing so. They have been mentally prepared, since childhood, for the profession they are expected to adopt for them, therefore, here is no question of conflict. They seem to have accepted their future roles easily, primarily because they have been intimately related with the commercial world. A B.Com. is suitable for them.

Some parents have no time for discussion with their children, being immersed in their own professional worlds. It is necessary that they take time off from their own jobs and enlighten their children about the professional world.

Often parents, especially mothers, are themselves not educated and have little idea about courses, careers and new job opportunities. In such cases, fathers, older brothers and sisters and other knowledgeable relatives should step in to help. In these cases the responsibility of schools and teachers also becomes far greater.

Schools should think seriously about this problem. One of the students I spoke to told me that when they were in S.S.C. a man from the Vocational Guidance Bureau did speak to them. However, the talk didn't really help because it was the "usual stuff" about choosing one's career according to one's interests.

An hour's talk alone is not enough. Students should be familiarized with different professions and not just the stereotyped ones. Some details should be provided. They should be introduced to fields like Catering, Agriculture, Rural Development, Nutrition, Banking, The Media etc., and the variety within each field should be highlighted.

The Education Department should send instructions to all schools and colleges to maintain a Vocational Guidance Department which should take its job seriously and inform and guide the students.

At present there are a few schools which have such departments. One of these schools, which I visited, conducts psychoanalytical and aptitude tests in the ninth standard. On the basis of these tests a student is advised about the branch of study he should opt for. (A word of caution, an untrained person using these tests exclusively to judge a student's aptitude can often do more harm than good.) A parent's meeting is also held in order to inform them about the outcome of these tests. If, in spite of all this, a child is confused, he is welcome to approach certain teachers who help him.

It must, however, be remembered that the final decision will be the child's and sometimes a child may, in spite of all the guidance, still be unsure of himself.

Salil, for instance, a bright student of the above mentioned school, has received guidance and help, both from his parents and from the school. His problem is that of being interested in and having the ability for diverse subjects and not being able to choose any one. For him, naturally, it is difficult making a decision but, as he says, talking it over with experienced people has helped.

As one of the teachers explained, there are so many factors involved — the age, lack of knowledge, particular interests, ability, family background, friends — that the probability of a child being confused, are many. It is, therefore, imperative that parents and schools guide and help school-leaving children to make decisions regarding their future careers well in advance. This will prevent and decrease, if not completely eliminate, a wastage in terms of years, money and talent.

Devi

Bumped into Moushumi's chamchi the other day. Chamchi tried to sell me Moushumi's Bachao Bachao sob story and all along I could not supress my laughter. In my opinion, a film star (a working film star, not the sleeping star) has no husband, leave alone a mother-in-law etc.

In fact, a mother-in-law is restricted to the economically dependent class, not for stars who, like most working girls, have the money and the guts to buy their own husbands (unlike average girl, who

Bachao-Bachao : MOUSHUMI'S SOB STORY

makes the fathers or brothers buy them with dowry).

Then, Moushumi was so friendly with her father-in-law, Hemant Kumar, that it inspired Tollygunge of Bombay to nickname her Lolita.

Her hubby was always like this, docile, obedient poodle like. When you know you are going to have a fun-filled life you marry men like Ritesh. The whole thing why Moushumi is suddenly weary of life is not because of her unhappy marriage but because of "good friend" Vinod Mehra's forthcoming marriage.

Unless, of course, Moushumi works overtime to stop the marriage. A few years ago she came running to me at S. Mukherji's party only to hug me and declare, "Vinod Rekha ka affair toot gaya."

Not that Moushumi is not well known to bring such "todfod" news to me. I don't necessarily like Happy Endings only.

* * *

This Raakhee, I tell you, is the limit. All that she did to Gulzar was fall in love with him, marry him, produce a daughter, then leave him with daughter Bosky shuttling between the two.

And Gulzar, who I thought would be intelligent enough to welcome experience, decided to turn this incident into an event and harass all children and parents. "Kitaab" is the most artificial, deliberate journey into a child's mind through the eyes of an adult of fifty.

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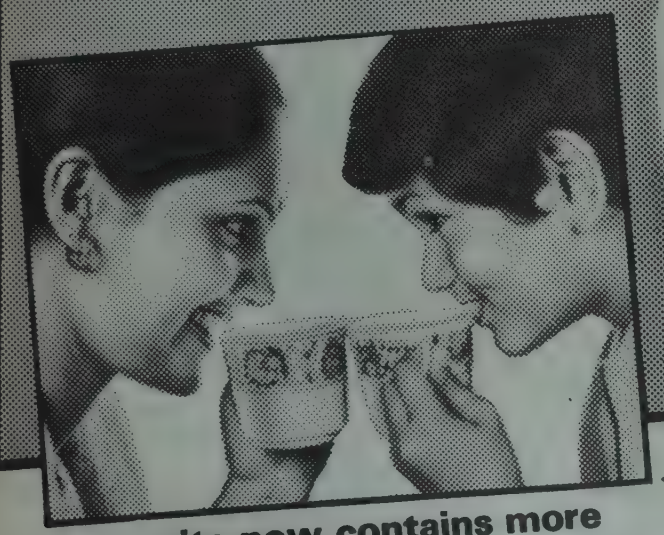

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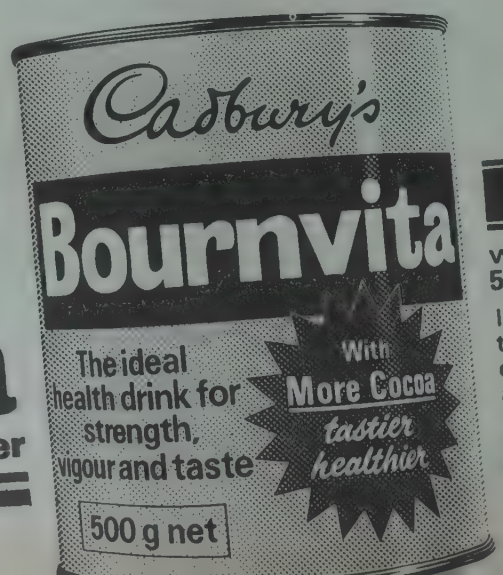

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VARIED FIELDS IN SCIENCE

Shailaja Ganguly

**Planning a career in science?
Four women scientists from the Bhabha Atomic Research Centre give you a peep into their jobs and talk about the educational background desirable, possible openings in their particular fields of work, the latter-day flexibility and of course, the problems a woman may have to face for storming into a male domain**

computers

Mrs. Sunita Mahajan, M.Sc. (Physics) joined BARC in 1969 and is a Scientific Officer in the Computer Section. A Systems Programmer, her job is "to study the software system and maintain it, to find out all the facilities offered by the software manufacturer and to increase them by developing new programmes on the same lines. This is a user-consultancy involving (i) training the user in computer language like Fortran and (ii) helping them in 'de-bugging' or detecting their own errors. We also write more software programmes to make handling easier for the users, or to develop a programme for another department." She learnt Fortran by herself and was trained in the BESM 6 Computer software at Moscow.

To get a job as a programmer, a degree in Economics and Statistics or in Physics or Maths backed by a computer course (and a good library) is ideal. The Bombay University offers a diploma course in computer science; the Computer Society of India conducts courses at the VJTI with practicals at the TIFR. "You can pick it up on your own too," Sunita feels, "Only a logical mind is necessary to outline a programme in clearly defined steps." There are innumerable openings as programmers or system analysts once you finish the course, for it gives a good training in operations research, numerical analysis and Cobol (the programming-language used in commercial organisations.) For a job on microcomputers (i.e. chips with the whole capacity of a computer) which are capturing the Indian market, a foundation in electronics coupled with the programming course is essential. "Unless there is shift duty, heavy overtime, which is sometimes necessary when you are meeting a deadline, or field data to be collected for developing a new application programme, ladies should have no problems. Besides, it is a widening horizon and won't be saturated for a very long time. I would definitely recommend it for more women, for you see, you develop logical thinking and get used to programming 'everything' before hand!"

electronics

Mrs. Nandita Bhattacharjee (M. Tech., I.I.T., Bombay) is a Scientific Officer in the Electronics and Nuclear Instrumentation Division, and Programme Convener of the Indian Women Scientists' Association. "We mainly work in the development of nuclear instruments. I'm associated with the fabrication of medical-electronic instruments." She has developed an instrument to conduct Radio Immuno Assay studies (RIA). By it even very small physiological quantities can be detected — a feat which may prove invaluable in diagnosis of disease, drug-administration, etc.

She feels, with an electronics background, the prospects in a research organisation are very good as "our type of job is to develop import-substitutes indigenously."

A commercial firm may not be as forthcoming for a new project as far as funds or facilities go. But you can get a job as a basic electronics engineer or an instrumentation engineer "although the pleasure of research would be missing. No, a switch-over at a later date would not be difficult. Since our experience at a research organisation like the B.A.R.C. counts a lot (it is like an investment) one can even take up a new line like marketing."

Discrimination? "Here we have equal opportunities so 'lib' slogans are unecessary. It all depends on the woman actually, she should not sacrifice her dignity for anything else.

"The woman has to be efficient. Sometimes, a problem may arise if it is a job in process control or instrumentation; a breakdown, for instance may occur at any odd hour requiring the presence of the maintenance engineer." Her parting shot: "Don't opt for this line unless you are dedicated, for it is a national waste to give up your seat half-way."

biochemistry

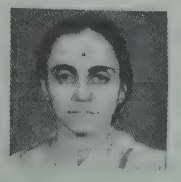
Dr. Wijaya Altekar is a biochemist and she worked as a research Associate in the U. S. (Michigan) before joining BARC nine years ago. Basically involved in fundamental research in Biochemistry, her forte is "the structure and function of proteins and their applications, viz. how proteins interact with the ions present in a body under physiological conditions." The subject fascinates her because it deals with the chemical processes that take place in the human system; this is a definite help in the diagnosis and cure of diseases.

If not a research job, a biochemist can combine research with teaching at the University. "Unless there is a well defined project where you could fit in there is not much scope in a commercial firm." About switching jobs, "I won't say it is impossible, but then the scientist herself has to be flexible. She could then develop her skills in say, teaching. She could devise new programmes to enthuse students in this subject (the NCERT has some openings in this line). Also, there are several branches of biological sciences like marine biology, plant biochemistry, where so many openings can be created if they get the right amount of attention from the authorities."

She emphasises "patience" to ensure job-satisfaction, but "people whose only aim is bread and butter should stay away from research," she feels. Otherwise, it is ideal for women as the hours of work are regular.

Three out of the four women I spoke to, quoted from Nobel Laureate Rosalyn Yalow's acceptance speech at Stockholm: "Even now, women with exceptional qualities for leadership, sense from their parents, teachers and peers that they must be harder working, accomplish more and yet are less likely to receive appropriate rewards than are men!"

nuclear physics



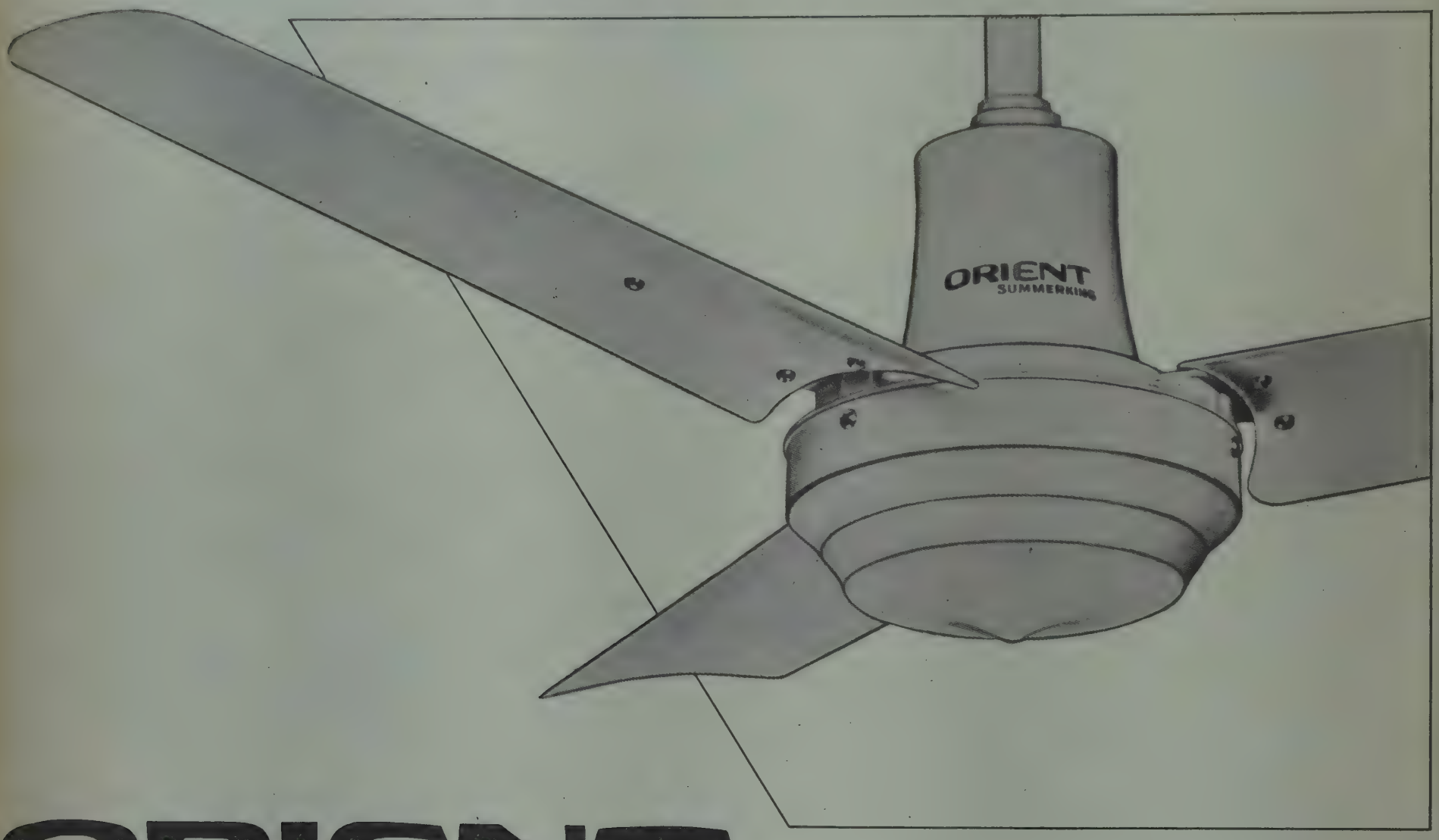
Dr. Usha K. Deniz, who had had a 22-year span at BARC did her M.Sc in Physics at B.H.U. and her Doctorat D'Etat in Magnetism at Paris. She is a Senior Scientific Officer in the Nuclear Physics Division and also editor-in-chief of the IWSA Newsletter (a journal of the Indian Women Scientists' Association). Usha was initially involved in "neutron-scattering," which means shooting them into a crystal or even a magnetic substance to see how the atoms and molecules within are structured and the movements they are making. She then switched over to light-scattering using lasers as light-sources.

"I've built up a light-scattering spectrometer and have been studying liquids with it." The scope of her subject is mainly in fundamental research, but if there are scientific applications "we would like to build up some more devices like the tunable grating by which light can be split up into different wavelengths, for scientific work."

Again, the phase-transitions in liquid crystals can be used in making displays in pocket-calculators. But right now, with a pure Physics background, the future is "not too bright" because here, as elsewhere funds for research are being slashed. If a post-graduate is not inclined for research, she can join the Technical Physics Division where she would do work in applied Physics like crystal-drawing, di-electric coating for mirrors (which can be used in optical instruments), Raman spectroscopy, which is so useful in industry.

A job outside a research institution? She is "not too sure, teaching perhaps." She admits that for a research oriented person a change-over may be difficult within the country. About prejudice, she feels it is more evident ("maybe it is unconscious," she hastens to add) in appointing women to decision making posts. Unless girls have the determination to forge ahead ("you are always being compared to a man") they should stay out of a research career. Usha recommends specialisation in branches of applied Physics like electronics.

A sweeping success!



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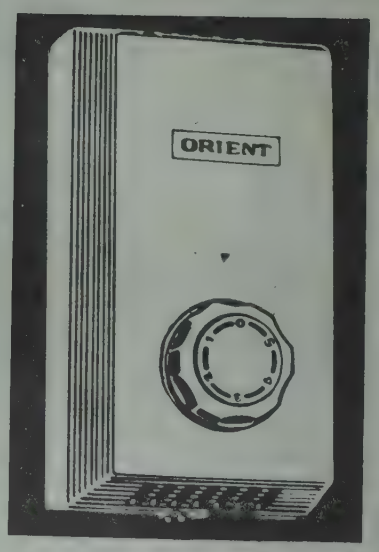

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NEW INROADS IN THE PROFESSIONS

MEDICINE– CARDIOLOGY

Dr. Lekha Pathak is truly a woman to be admired. She is the only woman cardiologist in Maharashtra and is associated with the J.J. and Nanavati hospitals and the Grant Medical college.

After obtaining the M.B.B.S. degree (four and a half years) and an M.D. in Medicine (two years), a further two years are needed to qualify for the D.M. in cardiology. This course is available only in Bombay, Delni, Madras, Vellore and Chandigarh. In Bombay, it is offered by the J.J., K.E.M. and Nair hospitals

Dr. Lekha Pathak

which collectively reserve only five or six seats a year.

There is a definite need for women cardiologists. After M.D., a person can specialize in various fields — neurology, nephrology, gastroenterology, lung diseases.

So far, few women have taken to cardiology as it requires a lot of interest, determination and hard work. After six and a half years of study, it requires two additional years. The course is also very laborious and the thesis requires more time.

The only problem which a woman cardiologist faces is when there is an emergency at night. She may be called at any time as heart ailments are crucial.

SPECIAL EDUCATION

Ms. Mithu Chib is the principal and chairman of the Spastics Society which was founded in 1972. In response to the need for the provision of adequate teacher-training facilities in Bombay, she introduced a one-year full-time, post-graduate diploma course for teachers of physically handicapped children. This course was started on August 1, 1977 in collaboration with the Bombay Teachers Training College and consists of lectures, tutorials, practical work and special assignments.

Mithu Chib

The course equips a person to deal with different types of children like the cerebrally palsied, orthopaedically handicapped, minimally brain damaged, epileptic, polio and spina bifida. After receiving the diploma, a person can work with any hospital or institution or teach in a school for normal children, where this specialized training would help understand the emotional or psychological difficulties or problems which a child may face. A person could start a school or give private tuitions.

Ms. Chib recommends this career to those who consider it a labour of love to care for a child with "an intelligent mind caught in a disobedient body."

Besides the Spastics Society course, there are courses offered by other institutions specialising in care of the handicapped.

ARCHITECTURE

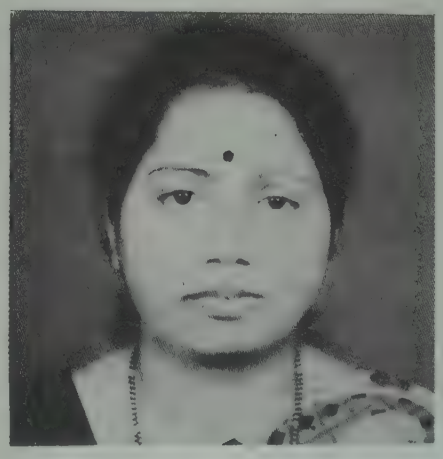
Vibhawari Deshmukh is an architect and has been working with Gregson Batley & King for the past two and a half years. She mainly does industrial designing.

In order to qualify for admission to the architecture course, a person should have passed the S.S.C., P.U.C. or its equivalent, with science and maths and should have an aptitude for drawing. The Indian Institute of Technology (IIT) has its own aptitude test. A good performance in the Government Intermediate Drawing exam is an asset; it is even required by certain colleges for admission.

The B. Arch. degree usually takes five years to complete. The M. Arch. takes another two years. There are 14 regional engineering colleges in India — a few of which offer the architecture course. The Centre for Environmental Planning & Technology (CEPT), Ahmedabad, offers a two-year post-graduate diploma course in planning. The choice of subjects for specialisation varies from one university to the other. Specialisation can also come through experience in a particular field. The Government Diploma in Architecture (GDA) is a five-year full-time course or a seven-year part-time course. The National Institute of Design (NID), Ahmedabad, offers a five and a half year diploma course in each of the following fields: industrial design, visual communications and environmental design. The J. J. College of Architecture, Bombay, also offers courses in architecture.

In some colleges, students are required, in the third and fourth years of the B. Arch. course, to take practical training under a practising architect during the summer. Some colleges offer a one-year apprenticeship programme with stipend.

A person can specialise in town planning, industrial designing, residential building designing,



Vibhawari Deshmukh

community building and educational building designing. There are more people engaged in residential building designing than in the other fields. A qualified architect can either have his own practice, work with a firm of professional architects, work with the government in the town planning department, or with the municipality.

Job availability depends on certain influencing factors. For example, when the Land Ceiling Act was introduced, there was a drop in construction work and hence the need for architects decreased.

One of the main problems which women face is when they have to go to the site to supervise construction work. The male labourers very often do not like to accept orders from a woman architect. The handling of such situations depends on the individual — she has to be firm.

Ms. Deshmukh recommends this career to women. One of the advantages of this vocation is that women can undertake part-time consultancy work. Some firms give drawing assignments which can be done at home and the women are required to attend office only once a week.

PUBLISHING

Priya Adarkar is the publisher for Orient Longmans Ltd. She is in charge of the editorial section of publishing. The other section is sales.

On the editorial side, the minimum qualification required is a degree, preferably with English as a major. The person should have good general knowledge and skill in editing. A journalistic background or a post-graduate diploma in journalism is also helpful.

The editorial section has the smallest job availability. The work involves meeting authors, commissioning new books, examining manuscripts, getting opinions from outside experts, copy editing, proof reading and publicity.

Publishing houses rarely advertise their vacancies. An individual has to go to them and enqure about a vacancy. A person can join as an editorial trainee or assistant and work himself up to assistant editor, editor, publisher.

"We require more science graduates to come forward for jobs, as there are many science books to be edited," said Ms. Adarkar.

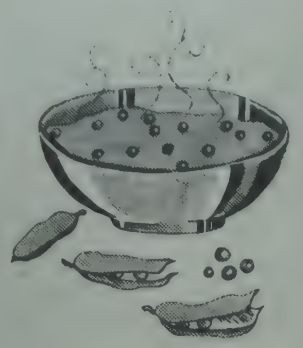
One of the advantages of this kind of job is that women can work on a freelance basis. Most of the illustrating and designing of books is given on this basis. Some of the editing of books, especially those in regional languages, is also done in the same way.

For the sales side, a person should be a graduate. Any kind of sales experience is helpful, as well as experience in market re-

SUNDAY

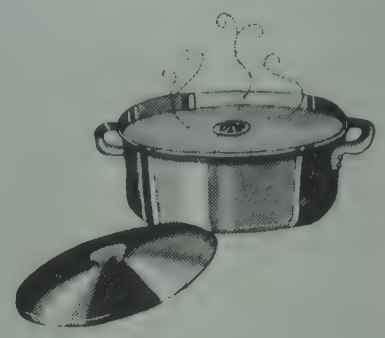
Kheema Pulao

MONDAY



Kheema Peas

TUESDAY



Mutton Kurma

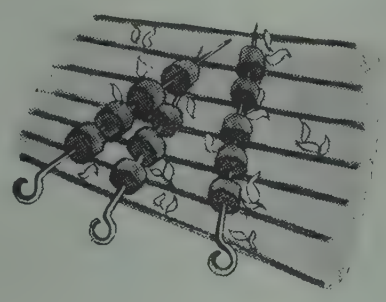
WEDNESDAY

Biryani

THURSDAY

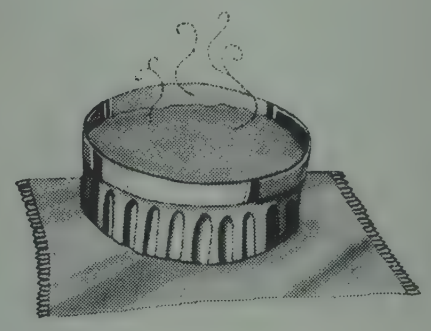
Roghan Josh

FRIDAY



Kababs

SATURDAY



Mutton Palak

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NEW INROADS IN THE PROFESSIONS

search, door-to-door sales experience, counter work in a bookshop or library experience of any kind. The job involves visits to bookshops, libraries, teachers and professors, government departments, etc. The sales person has to try and obtain feedback information.

There are very few women on the sales side as the job often involves field work which requires physical stamina. They

Priya Adarkar

may also have to undertake tours of different districts.

"More women are needed in stock control jobs, sales, any form of promotion jobs and in the organisation of display and mobile exhibitions," said Ms. Adarkar.

Saeeda Peermahomed

COMPUTER PROGRAMMING

I.B.M. or no I.B.M., Computer Charlie has come to stay. Whatever its detractors may say about an under-developed country not being able to afford to instal time and labour saving machinery at the cost of employment, there is no getting around the fact that where precision and speed are concerned, the computer scores over the efforts of hundreds of men engaged in the same task.

In India, computers are used for tasks as diverse as police-work, military strategies, computing of marks and electricity bills to research in the fields of Science, Technology, Medicine and business applications. The Cancer Research Centre in Madras uses computers to "collect and code" symptoms of cancer.

As Miss V. Kamala, M.Tech., I.I.T., Madras, who works as a programmer at the Tata Institute of Fundamental Research, Bombay, pointed out, "Anyone who has a mathematical and logical bent of mind can become a programmer. There are quite a few institutes in all the metropolitan cities in our country where programming is taught. Computer Science is divided into two groups : Hardware — the circuitry of the computer, and Software — programmes supplied by manufacturers."

According to a Management Consultant, "Women make better programmers because they are more methodical and concentrate better than men."

The job satisfaction is high, the work is seldom monotonous, as the research and the inputs vary from programme to programme, the pay is good and the prospects even better. The job availability is greater than that of those in other professions, and Kamala forecasts that the trend is likely to continue. However, the wise student will take the precaution of going in for higher studies before doing a course in computer science, as the line is so specialized that should there be a glut in the job market, she will still have her basic qualifications to fall back upon. But for the moment, the job market is buoyant and the employers are big banks and reputed organisations in the Public and Private Sectors.

PHYSIOTHERAPY AND OCCUPATIONAL THERAPY

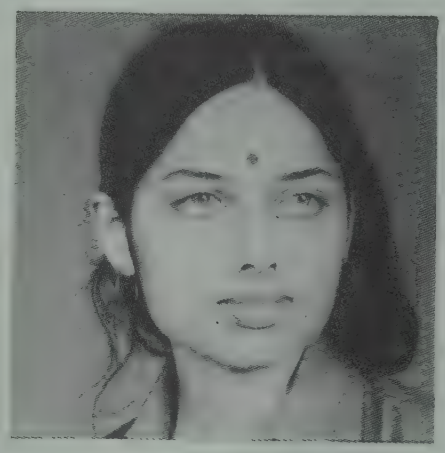
If time is the best healer, it it is equally true that the tender loving care and the tender touch of women is the gentlest. No wonder then that of the 40 seats each for Physiotherapy and Occupational Therapy courses at the Seth Gordhandas Sunderdas Medical College and K.E.M. Hospital in Bombay, a large majority of seats are obtained by women. Long considered the last resort for students who could not get into a medical college, either for lack of marks or money or some other circumstances, there are today quite a few students who did brilliantly well at the Inter Science examination (now the XII Standard) and opted straight for either Physio or Occupational Therapy.

Miss G. D. Capadia has been teaching students and tending to patients at the same institution for the last fifteen years. She feels that most youngsters still do not know enough about Physiotherapy. "For students who have done well in their Science subjects in the 12th standard, and who feel that a mere B.Sc. degree is not enough, it would be worthwhile to add a P.T. or O.T. to it."

A career correction, a Calling, awaits such a student at the end of the three and a half year course. "There is a constant need for physiotherapists and occupational therapists in most hospitals throughout India." Chances of immediate absorption are high.

"For all those who are interested in our courses, there are institutions in Delhi, Baroda, Madras and Vellore which conduct courses in Physiotherapy. All these schools are recognized by the Indian Association of Physiotherapy which is a member of the World Confederation of Physiotherapy."

Nalini Parthasarathy, a demonstrator-cum-occupational therapist at the K.E.M. Hospital, Bombay, says, "Physiotherapy consists of giving exercises, electrical treatment, etc. Occupational Therapy consists of giving exercises through the medium of work. Both have the same aim of restoring life to the affected limb and bringing its condition



Nalini Parthasarathy

back to normal or near-normal. Our involvement with the patient begins right from the time the patient enters the hospital bed. We try and make them fit enough to go back to their old occupation, or, if that is not possible, we teach them a new one."

Mrs. I. R. Kenkre who has been teaching and treating patients for the last seven years of this 27-year-old department, recommends Occupational Therapy to women. "Occupational therapists are in great demand both in India and abroad. You can even set up your own private practice, and I know quite a few who are doing very well. If, for some reason, a student is not happy in this profession, she can always do a post-graduate course in psychology, psychiatry or bio-mechanics, etc. and seek employment in those fields."

I. R. Kenkre

Bharat Savur

ENGINEERING

Alka Pande, who has been in the engineering field for five years, is one of the few women engineers in Bombay.

The going is rough initially for women engineers who are trying to get established in this line, their main adversaries being the egoistic males, who refuse to acknowledge a woman's mental capabilities, complained Ms. Pande.

The job availability in this field is restricted in the case of women, because industrialists and managers often feel that employing women is risky as chances of their continuing in service for long are bleak.

The engineering profession is a very versatile one, in which there is plenty of scope to diversify. Alka, who works in the Research and Development Department, says she can change her function — i.e. switch over to another area, like production — without too much difficulty. However, there are few, if any, women in production in India at present.

The duration of the engineering course differs from state to state. Ms. Pande did a five-year integrated course at Nagpur University, and specialised in Air-Conditioning and Internal Combustion Engines. Mathematics is a very fundamental subject in engineering. Since it is a very technical line, it is not possible to conduct part-time courses in engineering.

At the college level, the accent is on practical training. One has to undergo a "vacation training" at the end of the pre-final year, in an industry named by the college. Some colleges have a "placement facility," which is a contact between the college and the industry to absorb a certain quota of students on graduation. This, however, is not binding on the industries if the students do not measure up to their expectations.

In general, women engineers face severe discrimination in college and at their place of work. People in business seem, she said, to prefer an average male engineer to an above average female one.

In spite of this handicap women have made spectacular achievements in this area, noted Ms. Pande, who herself secured the second place in Mechanical Engineering in her batch. Ms. Susha-

Continued on page 41

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At a recent exhibition, **VEENITA SAWHNY,** a teacher of the Sogetsu School of Ikebana, revealed various compositions that could be achieved by experimenting with materials locally found. Painted in shimmering gold, striking reds, blues and black, her creations were eye-catching and had a delightful touch of elegance and beauty. Spring Blossom (right), Inspiration (below left) and The Awakening (below right) were the best among the pieces exhibited.

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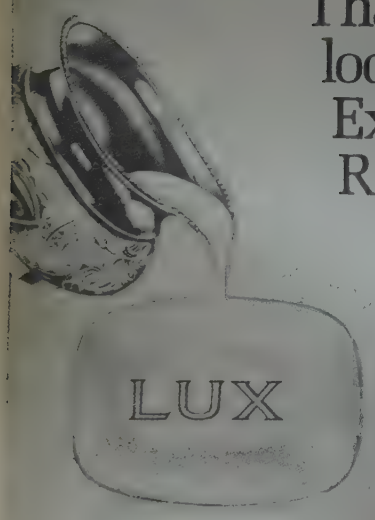

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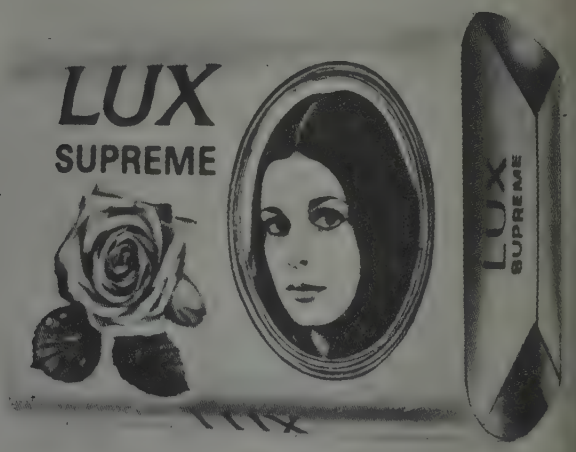

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beauty bulletin

TRY THESE PREPARATIONS

Can you suggest me a home-made preparation to tauten and tone up the skin on my face and neck. It has started to sag slightly.

Any home remedy for open pores?

P.J. (Nagpur)

Here is a remedy to tauten sagging skin.

Take the white of an egg and beat it well until stiff. Add to this a teaspoon of honey. Mix well and spread this over your face and neck. Leave it on for 15 minutes. Then rinse off with warm water followed by cold water. Do this once a fortnight.

Try this to close open pores.

Lie down and cover your face with thin slices of raw tomatoes or tomato pulp. Leave it on for 10 minutes then rinse well. Egg white and butter milk are also helpful.

SAGGING CHIN

I am 23 and have a sagging chinline which gives me an older appearance. What should I do?

K. P. P. (Chandigarh)

Your head carriage is very important — it prevents the chinline from sagging. Hold your head high, concentrating on the line at the back of neck — pull up but keep chin level.

Correct posture is very essential to prevent the chin muscles from sagging.

Try this exercise and do it regularly.

Lie on your back on the floor, knees flexed, and soles of feet flat on the floor. Keep arms straight at sides at shoulder level. Now raise head slightly off the floor in a straight line... h-o-l-d. Slowly lower. Repeat five times.

HOME REMEDIES FOR SKIN

CURLY HAIR

My hair is very curly and unmanageable. It is shoulder length. What should I do so that it doesn't seem unruly?

Please suggest a suitable style for me.

D.C. (Bombay)

Make it a point to use a conditioner after a shampoo and set hair on large rollers. Remove these only when your hair is thoroughly dry. Or wrap hair smoothly round your head after a shampoo and let it dry naturally.

Have your hair thinned as the short ends tend to create bulk. Using a hand dryer and a hair brush stretch the hair to straighten it out — temporarily of course. You can have it straightened out at a salon — it will last for a couple of months.

Short styles are best for curly hair as they are easy to manage. Also brush hair regularly as the natural oils might help to tame too curly locks.

A good stylist wil give you a style that doesn't make your hair seem too unruly.

WANTS TO REDUCE

I am about six kilograms overweight. I have tried very hard to diet but I just cannot resist food. I am constantly thinking of food. I am desperate because at this rate I will continue adding weight. Please help.

L.U. (Jaipur)

Your problem is that you are constanly thinking of what you don't want. If you start seriously believing that you can slim, then you will slim.

You should not struggle to "diet", instead aim at eating for normal weight and change your food habits. You have habituated your mind to ignore your diet, so what will you do? Make a mental picture of what you want. Imagine yourself having a proportionate figure. Read good books on the science of nutrition and apply it to your eating.

Once you take a fresh approach to the problem and believe that you will shed off the extra weight, you will become enthusiastic and will have the necessary will power.

heart to heart

CONFIDE YOUR PERSONAL PROBLEMS TO DR. MABEL FONSECA C/O EVE'S WEEKLY. DR. FONSECA IS A LEADING MARRIAGE COUNSELLOR AND WILL ANSWER YOUR QUERIES EVERY FORTNIGHT

IRRESPONSIBLE HUSBAND

STRAINED RELATIONSHIP

My husband left India just 18 days after my marriage in 1974. He told me that it would take a couple of months to get my sponsorship, certificate and other formalities done. During his absence, I stayed with my in-laws for about four months. As the items given to me in my dowry by my parents did not measure up to the expectations of my in-laws, they began to torture me mentally, so much so that I had to take shelter at my parent's house. I am with them for three years.

I wrote everything to my husband but as my in-laws had poisoned his ears, he stopped writing to me. Recently he filed a petition for divorce in the Texas court. To my great surprise, at the last hearing, my husband moved the court for a non-suit. This request was granted by the court and the petition for divorce was dismissed. How should I proceed in the matter now?

If you have been maltreated and your husband showed no interest in you all these years, and has behaved in this unbecoming manner, it is best that both of you put in a petition for mutual divorce. You could file a petition after consulting a good lawyer. If there were any disagreements at the start, both of you could have worked them out through communication and counselling But it seems no one took the initiative and he too was least concerned, perhaps because he did not want to make the marriage. If there are any chances at all towards a reconciliation, and if you feel you can still regard him as a husband in spite of his neglect, and if he really wants to make this marriage, both of you can make an effort and see how it works. There is no doubt he has withdrawn the suit, but does he want to reconcile and make a serious effort at making this marriage a success? If this is not the case and the relationship is too strained through long separation, then you need to go about it legally.

You can take up a job so that you are somewhat independent and later your people could help you to find a more suitable man. Today divorce is no bar to getting married again — people will understand your genuine situation

TAKE TIME TO DECIDE

I am a Punjabi boy of 19 and studying in college. I have been in love with an Oriya girl of 18 for four months. At first she reciprocated my love, but a few days ago she went out with another boy and was also rude to me, so I broke off with her.

Recently, she telephoned me and apologised for her behaviour. We are friendly now but I don't trust her much because she might ditch me again. I love her deeply so I am under considerable strain Please advise.

A girl's character is very important when choosing a life partner. If you continue to be suspicious of this girl and you find her to be unfaithful, then it is best for you to give her up. If she comes round and is true to you, then you may consider your inner feelings and decide accordingly. You should study her well before making a final decision.

This girl is still young and is perhaps wavering to make a final choice. She has to grow and mix with others too to take a mature decision. So give her time as well and tell her so.

THE LITTLE WOMAN

by Don Tobin

HOW ABOUT HELPING ME CLEAN UP THE BACKYARD?
I CAN'T - I HAVE MORE IMPORTANT WORK TO DO -
YOU CALL SLEEPING MORE IMPORTANT THAN CLEANING UP THE BACKYARD?
WHO'S SLEEPING?
I'M RACKING MY BRAIN SEARCHING FOR ANSWERS TO OUR REAL PROBLEMS... LIKE INFLATION, UNEMPLOYMENT, WORLD PEACE....
?
I THOUGHT WE PAID THE PRESIDENT AND CONGRESS TO DO THAT JOB!
IN A DEMOCRACY, WOMAN, IT'S EVERYBODY'S JOB!
NOW GO AWAY AND LET ME DO MY JOB AS A CITIZEN!
!
12-12
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HA HA world of laughter

"My father and a man named Mulligan have been fighting for twenty years, but now they've stopped."

"Why? Did they bury the hatchet?"

"No, they buried Mulligan."

* * *

A man and his wife were sitting together in the living room one evening. The phone rang and the man answered. "How on earth should I know?" he said, as he put the receiver to his ear. "Why don't you call the Coast Guard?" Then he hung up and returned to his newspaper.

"Who was that, dear?" inquired his wife.

"I haven't the faintest idea," replied the unsuspecting spouse. "Some stupid fellow wanted to know if the coast was clear."

* * *

Announcements of the professor's new book and his wife's new baby appeared almost simultaneously. The professor, when he was congratulated by a friend upon "this proud event in your family," naturally thought of that achievement which had cost him the greater effort and modestly replied:

"Well, I couldn't have done it without the help of two graduate students."

* * *

Judge: "How did the trouble start?"

Defendant: "Well, judge, she asked me to play a round, and I didn't know she was a golfer."

* * *

"My good man," said the visitor to the prisoner in the penitentiary, "how did you happen to come to this sad place?"

"Well, sir," replied the convicted man, "you see in me the unhappy victim of the unlucky number 13."

"Indeed!" said the visitor. "How was that?"

"Twelve jurymen and one judge, sir."

* * *

"I'm sorry the manager isn't in," said the clerk to the pompous individual who had strutted in. "Is there anything I can do for you?"

"No," snapped the visitor. "I never deal with underlings. I'll wait until the manager returns."

About one hour later the pompous one became impatient. "How much longer do you think the manager will be?"

"About two weeks," was the reply. "He just left on his vacation."

* * *

"Martha," Mrs David said to her maid, "my husband is having an affair with his secretary."

"I don't believe it," Martha answered. "You're just saying that to make me jealous."

* * *

He had just been reading about Sinatra, Cugat, Grant, etc. marying all the pretty young girls. So the seventy-five-year-old bachelor married a girl of twenty. After the third day of his honeymoon he collapsed and they called the doctor.

"Overweight?" he asked the doc.

"No — overmatched."

* * *

The goat was in the dumps and picked up a can of film. After he ate it all up, his friend asked him, "How was it?"

"To tell the truth," he answered, "the book was better."

Compiled by George Fegradoe

LEARNING THE TRICKS OF THE TRADE!

N. Bharathi

Five film luminaries talk about the people who have influenced their personalities and skill in histrionics

MOUSHUMI

KOMILLA WIRK

Photograph : Sanil

AMJAD KHAN

Jayanti : I learnt everything there was to learn about acting from my father. He has been the biggest influence on me in this field. I remember the times when my father would see my plays and tell me that I could have been a thousand times better. And, then, behind my back he would tell my mother that I was shaping out to be a damn good artiste!

From my uneducated father I also got an interest in education. He wanted me to do the things he couldn't . . . And, inspired by him, I passed my M.A. in Philosophy.

Imtiaz : I was an assistant to film makers like K. Asif but they had a way of keeping their trade a secret and never shared it with their assistants. I didn't learn anything about film making from any of them. The one who taught me about film making, from the script stage to the final editing and processing was my brother, Imtiaz. I have worked with a hundred and fifty directors now. Most of them don't know what they're doing. I think Ramesh Sippy, Satyajit Ray and Imtiaz are the best directors one can ever work with.

Imtiaz is very well read and it was he who made me cultivate a taste for reading. He's a voracious reader and he has turned me into one, too.

From **Ramesh Sippy** I learnt patience, without which you cannot function in this industry. And from my friend **Amitabh** I developed the knack of being fully charged in good company and switching off totally when the company turns insipid!

MOUSHUMI

Do I look like I have learnt anything from anybody here? I'm the kind of person nobody can influence for long. I copy others everyday but never one person for more than two days.

However, I have picked up one habit from **Jeetendra**, my co-star. Everytime you meet Jeetu he discusses physical fitness. He's perpetually on a health kick. I never cared about my body till Jeetu came along. Now I, too, go in for lemon tea or honey in my tea, like Jeetendra.

Unconsciously I have picked up a very positive thing from another co-star of mine and that is **Rishi Kapoor**. Chintu is so intense on the sets that you can't help but get impressed with his total involvement in his work. From Chintu I have learnt that whether you like a scene or not, whether you care for your co-star or not, you owe it to your work to give it your total concentration. Before that I used to take things very lightly!

KOMILLA WIRK

Mrs. Wirk, my mother, is the person I am most grateful to. She taught me right from the beginning to live life as I pleased, to do my own thing without fearing anybody. Whatever I am today is because of her.

Zeenat Aman has been an indirect influence on me. To me she is a genuine star — the way she carries herself and behaves is just right. And yet, she manages to radiate a lot of warmth, as a human being. Zeenat came and broke through a traditional circle of heroines and established herself through real hard work. With her came the well main-

Continued on page 35

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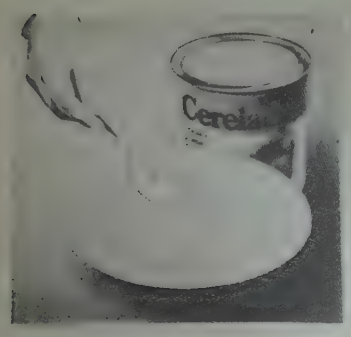
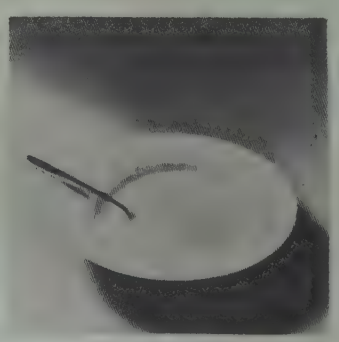


Add Cerelac to pre-boiled water

Mix and stir



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NATURE CURE IN A NUT-SHELL

Shailaja Ganguly

Actually it is not nature-cure, it is nature-care! insists the naturopath; for, he prescribes no pills, no drugs and, most heartening of all, none of the gleaming "theatre-room cutlery" that makes your heart go bumpity-bump. "We act only as co-ordinators between the diseased person and Mother Nature — we help him in his total surrender to Her — physically, mentally and spiritually — in essence, to relax himself in all these aspects, having shifted all the care to nature," writes a Bangalore doctor, but adds that the nature-curist needs an inexhaustible reserve of patience, tact and understanding to achieve a total rapport with the damaged machinery of the sick.

"Nature sanat medicus curat" taught Hippocrates, the Father of medicine — meaning, the physician is merely a tool used by nature in the process of healing. The Greek physicians Heroditus and Democritus, the German alchemist Paracelsus, Priesnitz (known for his contribution of hydropathy or water-cure), are a few of the celebrated pioneer-stalwarts of naturopathy. A must on this list of course, is Dhanavantri, believed to be the primogenitor of every branch of medicine! (Nature-cure, without doubt, was a way of life in ancient India, for how else did those sages with their sparse diet and scantier clothing meditate in cave and jungle oblivious to the ravages of rain, snow or sun?)

With Louis Kuhne and his scientific treatise "The New Science of Healing", which was translated the world over, naturopathy gained popular recognition. Notable among the practitioners in our own country was Mahatma Gandhi.

The late K. Lakshmana Sarma is considered by many as the father of nature-cure in India, whose gigantic volume, "Practical Nature-Cure" (first published in 1920) is currently running in its 12th edition. He was the founder-editor of "The Life Natural" (a monthly begun in '41 for the propagation of naturopathy). In 1941 he also founded the Sarma's Nature-cure Sanitorium at Pudukkotai near Madras, and The Indian Institute of Natural Therapeutics in New Delhi. His most important contribution has been, "The principle of Vital Economy."

A wholesome diet combined with fresh air, sunshine and exercise, not to forget a healthy mind, is the naturopath's recipe for good health

He contended that God and not food (as we poor mortals believe) is the source of energy giving us "endowed health." We should save this vital reserve by curbing all excess in eating, speech and every other "sense!" This idea of nature-cure as a way of life, whose keynote is moderation, is the very backbone of naturopathy (its "via-media" approach making it virtually a cult bridging the human and divine!).

"I never had the problem of giving up tea and coffee for I never tasted them," says Ganesa Sarma (son of the late Lakshmana Sarma, he is a dedicated naturopath himself). Also, he has never taken a single drug in all the 62 years of his life. Between 1968-74, he was the joint secretary of the Akhil Bharatiya Prakritic Chikitsa Parishad and is presently deputy-director of the Pudukkotai Sanitorium and the Institute at Delhi. A firm follower of vegetablarianism, he believes, that "the orthodox Hindu way of life is the life natural," and feels "most complaints respond to naturopathy provided there is faith." (He once treated himself successfully for a savage fracture of the knee!)

In fact, the treatise by Lakshmana Sarma contains hundreds of case histories of complicated complaints along with the methods of treatment used. Ganesh Sarma himself told me of a number of critical cases of T.B., asthma, and even cancer, which have shown favourable responses at the Sarma sanitorium. They have also opened a sanitorium in Madras (run by Arun, G.S.'s son) and hope to have a college of naturopathy attached to this to commemorate the Lakshmana Sarma centenary in 1979.

Why Madras? "Since Lakshmana Sarma was born and worked there and also because the Tamil Nadu government has enthused G.S. by recognising naturopathy as a valid branch of medicine." (September 10, 1975).

The Natural Health Association established by the Sarmas has centres in Bombay, Delhi, Madras, Jammu, Srinagar and Rajasthan. Under its auspices, G.S. has conducted hundreds of 5-week courses in nature-cure all over the country. (Incidentally, it is his hectic schedule of lectures at five places all over the linear stretch that is Bombay, which has brought him here this month). His comprehensive theory-classes include practicals in cookery and therapeutic measures. A person who undergoes the course "will be able to treat himself and his friends."

A strict diet, coupled with exercise ("not too strenuous though, for it should be in keeping with Gandhiji's principle of safety,

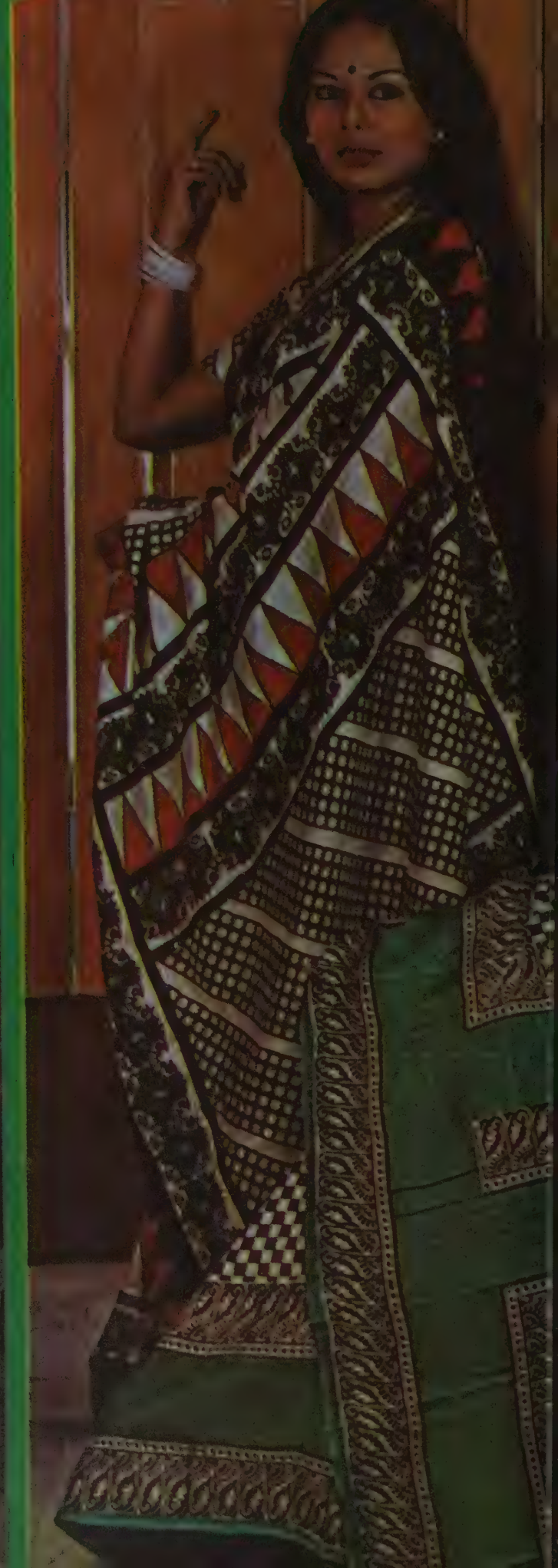
Continued on page 29

Photographs taken at the opening ceremony of the Nature Cure Hospital, Bombay.

EASY,

The young fresh flattery of summer is captured in these easy-going clothes that take you through a maze of casual fashions. Buoyant and oh, so cool salwar-kameez specially printed for you with matching mulmul dupattas, in bright beguiling colours and prints make a big time at the hep get-togethers; while Bengal silk sarees with maximum drapebility and wide borders — very much in keeping with the present fashion mood, add a touch of elegance as they take you lightly to a luncheon or coffee party.

Courtesy : Nalini Sarees, No. 3, DefenceColony, Fly-over Market, Delhi.



OOL IT!

LEFT : Simple silhoutte — striking print! Brown and red stripes against white, makes this cotton salwar-kameez really smart with mandarine neckline and matching dupatta having traditional motifs on both ends; while the other with fine red diagonal stripes is over-printed with black paisley motifs and is cut in Empire line. The matching dupatta has yellow printed ends.

CENTRE : Daytime drama in black and white! A diagonally tiny floral printed black and white silk saree has red pyramid and creeper border. A checkerboard black-white printed silk saree is sparked with green, white and black double border; while another in small daisy design has up-to-the-knee, red, green and black paisley border and pallav.

RIGHT : A dazzle of dots! Red polka dots dance on an off-white background with broad, black stripes of this salwar-kameez with dupatta to match which also has leaf motifs in triangular space. The other in dotted striped kameez and polka dotted salwar has dupatta to match the kameez with large black and red motifs on both ends.

Photographs : Farokh Reporter.

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A Godrej PRODUCT

Continued from page 25

NATURE CURE IN A NUT-SHELL

simplicity and non-violence") is the preventive and the panacea for most ills, he feels. ("Of course, addictions must be given up!") Besides enlarging the 12th edition of his father's book Ganesa Sarma has himself written two handy guides — "Eating for Health" and "Pranayama", which is on the science and benefits of breathing correctly. His only regret — naturopathy has not yet found an organic means of giving anaesthesia which would help it to cope with dire emergencies also.

A welcome news for interested Bombayites is that the first nature-cure hospital with in-patient facility has been opened at Juhu (January 5, 1978) thanks to a public trust (Prakritik Chikitsa Vigyan) set up by enthusiastic patrons. Its honorary founder-director, Dr. R. G. Krishnatray, has been a practising naturopath since 1940 ("I have treated Mr. Patel and J.P. with my own hands"). He has also been on the Advisory Health Panel of the Planning Commission. For a long time Dr. K. had cherished the dream of bringing Urulikanchan (that is the famous nature-cure resort in Maharashtra started by Dinshaw K. Mehta under Gandhiji's guidance) to the doorsteps of Bombay; he proposes to include teaching and research facilities also at this hospital.

Restrained by a limited budget, he has had to curb his initial enthusiasm a little; although his future plans include a three-storey building with 65 beds, staff quarters, "possibly a training centre on the 4th floor," etc., presently, only the ground floor has been declared open; with 10 beds for in-patients (25 per cent of the beds will be for the poor), an impeccable X-ray and pathology department, a number of shiny bathrooms (seeing is believing!) all packed with the latest fittings and a gym full of gadgets for exercise-time. Out-patients will be seen on all week-days ("we devote at least an hour for every patient").

Dr. K. promises relief for digestive disorders of all types, ulcers, allergic colds, hypertension, weight problems, lumbago, sciatica, rheumatism, arthiritis, insomnia, neurasthenia and also gynaecological complaints. Hydrotherapy, electrotherapy, dietetics, physiotherapy, osteopathy, yoga and other remedial exercises are some of the modes of treatment used for gradual but effective healing. As Dr. K. explains, "What we try, is to accelerate the blood circulation as blood is the main channel for supplying food and for the evacuation of the excretory system. By whipping up the circulation we ensure that toxins are removed and the organ begins to function normally. A fast flowing river gathers no sediment." ("He is very good," insisted the lady in-patient who is undergoing treatment for colitis and whose husband was saved by Dr. Krishnatray).

"Anxiety can trigger off a complaint only when the body is in a low state of fitness," maintains Dr. K. But then urban-life inexorably extracts from each of us its toll of tension — hurriedly gobbled meals, nerve-racking queues, long hours at a desk lower vitality and open the door to sneaking illnesses. So it is a vicious circle. Anyway, Dr. K. now offers a home to stretch and relax your taut nerves and go back with a fresh bounce in you.

Naturopaths, therefore, discourage the illusion that good health is waiting for you on the tonic shelf at the chemist's shop; rather, they believe, that illness is the product of wrong living (disproportionate eating, drinking and "merry-making"). Both the doctors I spoke to insist on vegetarianism — "meat eating has removed the respect for life — we forget we should not destroy what we cannot create," feels Dr. Sarma while Dr. K. argues, "Moreover, we don't even have the type of teeth ideal for a carnivorous diet! Milk and milk products, pulses and nuts, soya bean, are all-protein foods. Who says a fleshless diet is an incomplete diet?"

As Gandhiji emphasised, "Man is more than meat. It is the spirit of man about which we are concerned. Man was not born a carnivorous animal but born to live on the fruits and herbs that the earth grows." The trouble, nature-curists admonish, lies in our habit of drowning the nutrients in the sea of "masalas" or opting for refined, polished grains not knowing that "the whiter your bread the sooner you are dead" (as Sir William Arbuthnot warned). So a wholesome diet combined with fresh air, sunshine and exercise (not to forget the healthy mind) is the sure recipe to keep you healthy (and therefore happy)! Naturopathy also differs from other branches of medicine in its stress on the unity of diseases and the treatment of the body and the mind as a whole, not as separate organs hitched together, their goal being total equanimity or "shaanti". And how we need that "brake" on our speeding to chaos!

I must mention here that currently naturopaths appear to be divided into two groups. While both groups are agreed upon the fact that the base of naturopathy are the five elements, viz. earth, air, fire, water and ether, the "classicists" believe that any aid borrowed from other branches of medicine cannot be termed as nature-cure, while the "modernists" feel that methods "which are constructive and not repressive and which have no harmful after-effects come within the sphere of naturopathy."

"Various systems of medicine are practised in India. I believe that cooperation is needed between the practitioners of these different systems. We should lay aside bigotry and narrowness so that we can help one another to help suffering humanity. A closed mind and healing do not go together," writes Dr. J. M. Jussawala in "The Natural Way of Healing."

To round up, a punch-packed pinch (courtesy MAD) from this hubby to his "health-nut" missus: "Where you off to in this queasy weather?" sez he.

She retorts, "To the Health Food Store for wheat germ, soya, etc. etc. so I don't have to eat junk food!"

"Junk-food is a helluva lot tastier than crackpot-food!" he sniggers.

"D'you realise smartie that I've had no colds, no coughs and a perked-up appetite ever since I started on this life-restoring diet?" she bellows.

For a change he has the last word, "Heh heh!! That's not because of the diet! That's because of your daily two-mile walk to your precious out-o'-the world, out-o'-the-way health-food store!"

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Beat the summer heat with this new, refreshing and nourishing drink, "Maaza", the instant drink powder, a multipurpose product of Parle Pvt. Ltd. Prepared under hygienic conditions, it is enriched with vitamins A, C and D, calcium and glucose. Available in 3 delicious flavours of pineapple, strawberry and orange, it serves not only as a refreshing drink but makes exciting ice-creams, puddings and milk shakes or you can mix it with lassi for a super-taste. And ideal for picnic-goers as it is convenient to carry and would not be half as cumbersome. Price : Rs. 15.43 p. (orange) and Rs. 15.95 (pineapple and strawberry).

Available at all leading stores.

Photograph : Farokh Reporter

LET'S SCREAM FOR ICE-CREAM

Premila Lal

Children often scream when they are happy — happy when they are served with a luscious dessert — the only part of meal anxiously waited for. The secret of a good dessert is that it should form a light and refreshing end to a good meal. Refreshing frozen desserts are of two types. Ice-creams, ices and sorbets need beating often during freezing to insure a smooth and creamy texture. While those which are frozen without stirring, include puddings and mousses. You can team your ice-creams with various fruits, jellies or custards for a super taste.
Your kids will jump with joy with these creamy ice-creams and you will hear the voices echo, "mamma give me more!"

ICE CREAM & MERINGUE

2 eggs whites
125 grams sugar (half castor, granulated)
60 grams butter cream
Fresh or tinned mixed fruits
500 grams ice-cream
Nuts and cherries to decorate
2 tbsps. chocolate, grated

Make a meringue mixture and put in a forcing bag fitted with a ½—¾ inch nozzle. Pipe three 8 inches rings on a baking sheet covered with grease proof paper. Sprinkle well with castor sugar and place in a very cool oven (200 deg. F) for 3—4 hours, until crisp but still white. Put one ring on a plate and spread with butter cream. Put second ring and spread with butter cream. Lastly add third ring. Fill centres with fruits. Just before serving, top with ice-cream. Sprinkle with nuts, grated chocolate and small pieces of glaced cherries.

BANANA SPLIT SURPRISE

500 grams vanilla ice-cream
6 bananas
15 grams butter or margarine
50 grams brown sugar
Grated rind of ½ lemon

Peel and slice the bananas. Place in a shallow heat proof dish. Sprinkle a little sugar inbetween the layers. Cream together the butter and sugar with lemon rind. Spread this mixture on top of the bananas and bake in a moderately hot oven for ½ hour. Remove from the oven, spoon the vanilla ice cream over the baked dish when still hot and serve immediately.

CARAMEL NUT SUNDAE

480 mils milk
2 eggs
30 grams butter
125 grams cream (whipped)
120 grams sugar
1 tsp. gelatine
15 grams cashewnuts, chopped
15 grams raisins

Beat egg yolks with 60 grams of sugar. Mix it with half the quantity of hot milk and cook until it is of coating consistency. Let it cool. Prepare caramel with little sugar and water on slow fire till it is of golden brown colour. Add the remaining milk and sugar till the caramel is completely dissolved. Mix the dissolved gelatine with butter and add this to the previously cooled custard. Beat the egg whites stiff and fluffy and fold this into the caramel — custard mixture.

Put into the refrigerator and allow to freeze till ¾ set. Remove and gently whip the set custard with fork and mix it with the whipped cream. Freeze again. Decorate with raisins and slightly baked cashewnuts.

RICH VANILLA ICE-CREAM

260 litre milk
8 egg yolks
Vanilla essence
1 kg double cream
180 grams castor sugar

Bring milk and cream almost to the boil, whisk in egg yolks and sugar, cook till nearly thick for 5 minutes. Add few drops of vanilla essence, pour into a round or square tin, about 4-inch high and 7-inch across and freeze. Scoop out. Serve with cream bananas and walnuts.

STRAWBERRY ICE-CREAM

500 grams strawberries, crushed
60 grams sugar
Cochineal
250 grams vanilla custard (prepared)
250 grams cream (whipped)
A few strawberries to decorate.

Add the strawberry pulp to the custard, then the sugar. Fold in whipped cream and add a few drops of cochineal. Freeze and serve decorated with fresh strawberries.

APRICOT ICE-CREAM

125 grams apricot (puree)
250 vanilla custard (prepared)
Sugar to sweeten
2 tbsps. lemon juice
250 grams cream (whipped)

Stir puree and lemon juice into custard, sweeten to taste. Fold in lightly whipped cream. Freeze in tray.

COFFEE ICE-CREAM

1 egg
1 tbsp. coffee essence
45 grams castor sugar
125 grams cream

Whisk the egg yolk, sugar and coffee essence. Fold in the stiffly beaten egg white and then the lightly whisked cream. Freeze.

ORANGE SORBET

6 oranges
2 tbsps. cointreau (optional)
120 grams sugar
2 egg whites

Grate rind from 2 oranges, and squeeze out the juice. Halve and squeeze the juice from the other four. Scoop out the orange halves. Place rind, juice and sugar in a pan and heat until sugar dissolves. When cool, stir in cointreau. Beat egg whites fold into orange juice. Pile into orange halves and freeze.

CHOCOLATE ICE-CREAM

60 grams margarine
90 grams chocolate
2 eggs
90 grams castor sugar
Vanilla essence
500 grams evaporated milk

Cream the margarine and sugar together. Melt the chocolate and cool slightly before adding it to the creamed mixture with essence and beaten egg yolks. Whisk evaporated milk until thick and creamy. Fold into the chocolate mixture and freeze until soft. Whisk egg whites and fold into the mixture. Freeze.

PISTACHIO KULFI

1¼ litre milk
500 grams sugar
2 dtsps. cornflour
375 grams khoya or
500 grams cream (thick)
250 grams blanched pistachios, (chopped)
A pinch of saffron

Boil the milk till it is reduced to 750 mils. Add cornflour dissolved in a little cold milk and cook till the mixture is of a thin sauce consistency. Add sugar and stir till completely dissolved. Remove from heat and add crushed khoya and chopped pistachios and saffron. Fill the kulfi moulds with the mixture and screw the tops securely. Place in a lying down position in the freezing compartment and freeze for 3-4 hours. Before serving, dip each mould in warm water, unscrew top and turn out in serving plate.

cuckoo lal
To peel tomatoes easily, dip them into boiling water for a few seconds, or spear with fork and hold over gas flame, till skin cracks.

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The Cookery Queen of the month will receive in addition to the usual cash prize of Rs. 100.00,

1) A 280 mm 10 gauge non-stick coated Tava (May) and a 300 mm 10 gauge non-stick Tava (June) from TRUPTI INDUSTRIES, Bombay,

2) A cash prize of Rs. 101.00 from WEIKFIELD, and

3) A book, "Eve's Guide to Fashion, Beauty, Cookery and Childcare" by AROONA REEJSINGHANI.

So, send in your best vegetarian or non-vegetarian recipes accompanied with photograph and coupon to the Cookery Editor, Eve's Weekly, Apollo Street, Bombay 400 023.

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recipes from our readers

Miss Debika Ghosal, Calcutta.

GREEN MEAT

1 kg mutton (boneless)
75 grams groundnut or mustard oil
150 grams curd
A pinch of turmeric powder
A pinch of sugar
2 tsps. salt
4 bunches of fresh coriander leaves
8-10 green chillis

Wash the mutton and cut into small pieces. Smear oil, curd, turmeric, sugar and salt. Keep it aside for 30 minutes. Then transfer this meat in a dekchi and seal it tightly from all sides. Put it on low fire, and put a bowl of hot water on top of the dekchi. Chop off the stalks of coriander leaves and grind finely the leave only. Cut the chillis. Then grind chillis finely, without the seeds. After 45 minutes open the dekchi and see if the mutton is cooked (if not, then leave it on fire for a few minutes more). Remove from fire and mix with the coriander leaves and chilli paste. Mix well and close the lid immediately. Serve after 15 minutes.

Miss N. Tara Somanna, Bangalore.

LIVER KORMA

500 grams liver, cubed
4 large onions, sliced
3 large tomatoes, chopped
2 tbsps. curd
1 tbsp. garam masala
1 tsp. turmeric
1 cinnamon stick, powdered
4 cloves, powdered
2 cardamoms, powdered
1 tbsp. coriander and cinnamon seeds powdered
1 medium size ginger
6 cloves garlic
6 green chillis
Salt to taste
2 tbsps. oil
Coriander leaves, chopped

Grind or mince together the onions, garlic, ginger and green chillis with turmeric, garam masala, salt with the other powdered spices. Heat the oil in a sauce pan and fry the ground ingredients keeping the pan covered, till brown. Put in chopped tomatoes and cook till tomatoes are soft. Add cleaned cubed liver pieces and fry uncovered for a few minutes. Put in the curds and salt. Cover and cook till done. Sprinkle top with coriander.

Miss Vinita Pramar, Indore.

SHAHI KOFTA

1 kg mutton, minced
2 eggs, beaten
4 large onions (3 ground, 1 chopped)
3" piece ginger, ground
1 large garlic, ground
4 green chillis, chopped
1 small bunch coriander leaves
4 medium tomatoes, chopped
2 bay leaves
10 cloves
4 large pieces cinnamon
4 black cardamoms
8 green cardamoms
½ tsp. pepper powder
1 tsp. heaped dry ginger powder
2 tsps. heaped aniseed powder
2 tsps. heaped coriander powder
2 tsps. heaped turmeric powder
1 cup creamy curd
½ tsp. sugar
Salt to taste
1 cup milk
1 cup ghee
¼ cup cashewnuts (optional)
½ cup khoya
Silver foil

Fry the chopped onion in a little ghee. Add 1/3 ground garlic/ginger paste. Fry, add meat. Boil until tender and dry. Keep aside 2 cloves, a stick of cinnamon and 4 black and 4 green cardamoms. Grind the rest of the spices to a fine powder.

Add spice powder, aniseed, coriander and ginger powder to the mince. Add salt to taste and grind mince to a paste. Add chopped green chillis and a little chopped coriander. Shape into medium sized balls, dip into beaten eggs (seasoned) and fry in ghee.

GRAVY:

Heat ghee, add sugar, fry till brown. Add bay leaves and whole spices. Cover for 1 or 2 seconds Add ground onion/ginger/garlic paste. Cover again for 2 seconds. Add chilli and turmeric powders Fry masala, sprinkling a little water whenever necessary. Add curd or sour cream a little at a time, frying till absorbed. Add tomatoes and salt and cook till the ghee floats. Add milk and place koftas in the gravy. Simmer for 10 minutes. If desired, crushed "khoya" may be added to the gravy. Add nuts and silver foil. Garnish with chopped coriander leaves.

weekly winner

Mrs. Dorothy E. Francis of Mysore, wins Rs. 50; for this week's best recipe plus a non-stick coated Sandwich Toaster and a 9-cup Storefresh container from Trupti Industries, Bombay, a gift from Weikfield and a book by Aroona Reejhsinghani.

COPRA DUCK FRY

2 kg duck or (chicken, mutton or beef)
2½ tsps. saffron powder
1 tsp. pepper powder
3 tbsps. red chilli powder
2 tsps. coriander powder
3 bunches of green coriander leaves
4-5 green chillis
2-3 cups of very thick coconut milk
1 cup vinegar
Oil for frying
Salt to taste

GRIND SEPARATELY IN VINEGAR:

10 large onions
3" piece ginger
4 large garlic pods
6 cloves
2 pieces of cinnamon
2 cardamoms
2 tsps. cummin seeds
1 tsp. sombu
1 coconut
2 tsps. poppy seeds (khush khush)
10-12 almonds (optional)

Choose a nice fat duck, preferably home bred. In the late evening cut and clean the duck and remove the entrails. Hang overnight. The next morning, wash the duck and cut into desirable pieces. Allow to marinate in vinegar, salt and saffron for 2 to 3 hours.

Finely chop the green coriander leaves. Keep the green chillis whole, but remove the stems.

Heat the oil (mustard oil if you prefer a nice taste). Fry the ground onions well, then add the ginger and garlic paste, the cloves. cinnamon and cardamom paste, and cummin seeds and sombu paste. Continue frying, using the vinegar in which the masala has been ground. Now add the red chilli powder, pepper powder and coriander powder. Continue frying till the oil oozes out. Add the finely chopped coriander leaves and the green chillis (whole) After a while, add the coconut, poppy seeds and almond paste. When the masala is nicely done and a fine aroma arises, add the duck pieces. Mix well and add the thick coconut milk, saffron and salt. Mix well again. Simmer till the duck is cooked and tender or cook in a pressure cooker.

ATTENTION, COOKERY ENTHUSIASTS!

Each recipe for the weekly and monthly contests and Recipes From Readers' page must be accompanied by this coupon. Those not accompanied by the coupon and a passport size photograph will not be considered for publication.

Each entry should be accompanied by an adequately stamped envelop if you wish to have your recipe and photograph back, if rejected.

Address your entry to the Cookery Editor, Eve's Weekly Ltd., Bombay Samachar Marg, Fort, Bombay-400 023

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LEARNING THE TRICKS OF THE TRADE!

Continued from page 23

tained, shapely heroine (our heroines were otherwise least figure conscious). After seeing "Paapi" I was so impressed that she became my ideal, everytime I needed to knock off my extra pounds!

Reena Roy is another heroine who has worked her way to the top in spite of odds. Reena deserves all her success and more. An actress like Reena inspires hope and determination in people like me. I know that if I work hard I, too, can reach the top.

I have also picked three men who have influenced me. One is **Dev Anand** with his marvellous ability of knowing your name and treating you like an equal, which I'm afraid most heroes don't ever bother to do. Before I met Dev, people told me that to be on time for appointments and for shooting meant that you were too eager to please or were badly in need of work. But Dev Anand taught me to be punctual. He was always ready half an hour before the others and rarin' to start work during "Ishk Ishk Ishk". Now I am always punctual and I know that it pays to be on time. . . thanks to Dev Anand.

Director **Narendra Bedi**, whom I met during "007", told me something beautiful. Though I had some work on hand, nothing

RAAKESH ROSHAN

was going right for me those days. I spoke to Narendra about it and he said that often he felt the same way. He had directed several hit films but never a great record breaker. I'd always thought of Narendra Bedi as a terrific and successful director. And his sincerely put words have kept me going ever since!

Finally, **Rajesh Khanna** is the first big star I met as a star-struck youngster. This was at the height of his career. In his make-up room he ordered cold drinks for everybody and tea for himself. As usual, I had a cold and Kaka immediately offered me his tea while he waited fifteen minutes for another cup to arrive. A very small gesture, but I was impressed. To be graceful and well mannered when one is at the top is a beautiful thing!

RAAKESH ROSHAN

Roshan, my father, is the first person to have taught me anything in life. He taught me to feel life, to understand and be sensitive about it, to face it with all its challenges and to take it as it comes.

Sanjeev Kumar has goodness written all over his face. He can never plot or harm anybody consciously. I'll simply say that he taught me goodness. He is a sought after actor, but he is humble and is a genuinely good man

REENA ROY

who has earned the good-will of the industry in the years that he has been here.

Basu Chatterjee takes things so effortlessly, so casually, that he taught me how to be natural. Basu is an easy-going man who is never running around in a mad frenzy. He's a straightforward, happy man without any complexes. Basu's nature is evident in his films which have a pleasant, happy atmosphere without too many tensions and complications. As a person he is very normal and comfortably natural. And this has rubbed off on me.

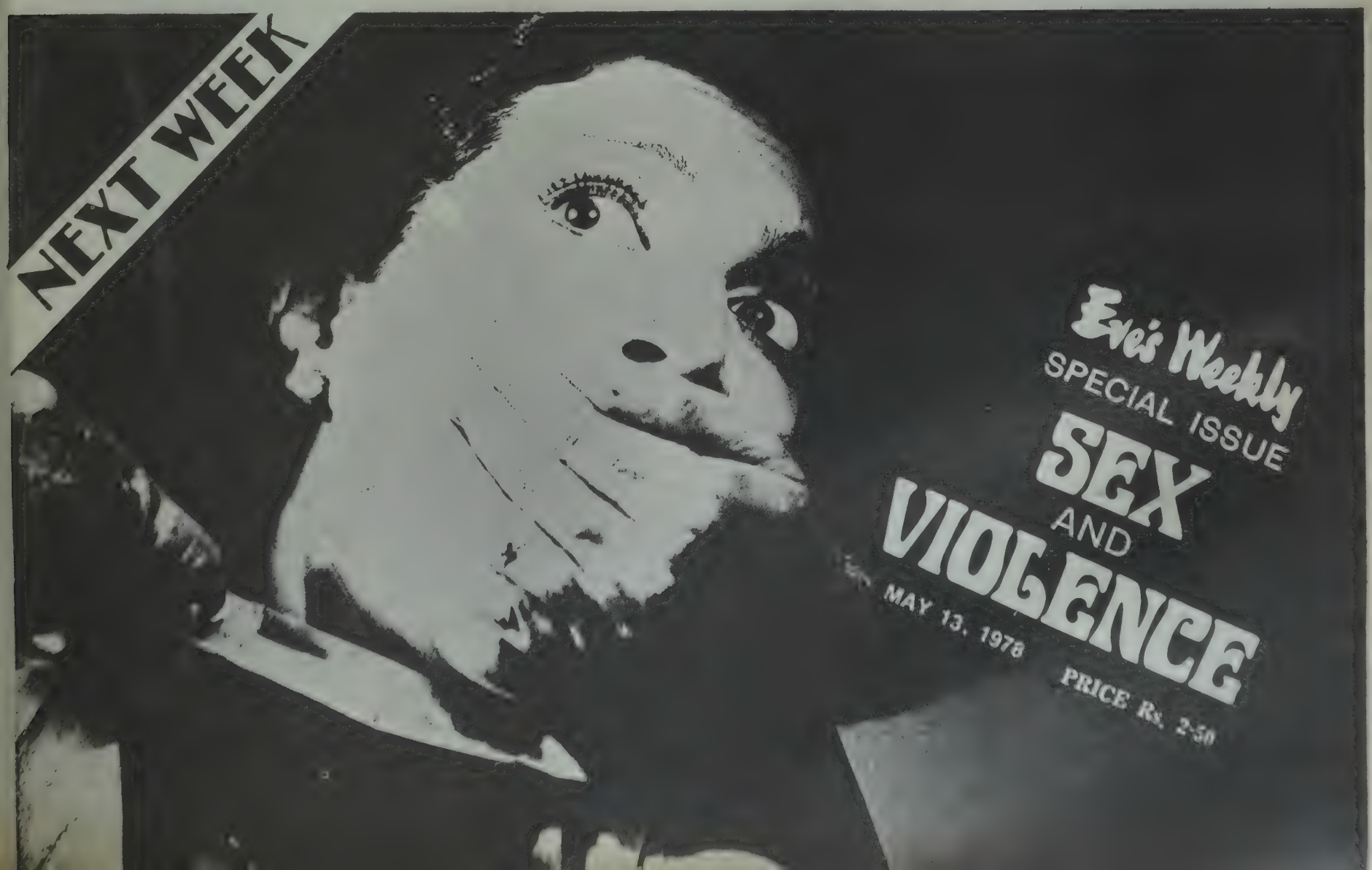
REENA ROY

Luv, everybody knows that **Sunil Dutt** is the first man who taught me anything here. I learnt two things from him. One is to have a lot of confidence in one's work. When we were shooting for his "Daku aur Jawan" I had to ride a horse without a saddle. I was very nervous about it and told him that I couldn't do it. But he convinced me that I could. And I galloped on a horse without a saddle for that shot!

Dutt Saab is a good human being and he has tremendous patience. He's always working or reading or talking to people. Patience is what I have learnt from him.

Shatrughan Sinha turned me from a shy, retiring girl into a talkative, confident girl. From him I learnt how to talk to people, how to mix with people, how to make conversation, depending on the prevailing atmosphere, and how to appreciate good humour.

I learnt how to groom myself and act better through experience. And, yes, **Barkha** taught me to take gossip lightly and never to worry about what others have to say about me!



THE STORY SO FAR

Navneet and Chander were friends at college until the sudden death of the former's father made it necessary for him to take over the family business. Upon graduation, Chander accepted his rich friend's offer of a well-paid job in his Bombay store. Pritam Sinha, the in-charge of the store, who Navneet seemed eager to dismiss, initiated Chander into the routine — including the shady deal at the end of every day when the returns from pavement black-marketeering were brought in and the cuts distributed.

Chander wanted no part in the illegal business and resolved to speak to Navneet about it but was prevented by the presence of the latter's pretty sister, Lila.

One day Pritam didn't turn up at the office and in the evening Lila came to keep Chander company. Not wanting her to see the two thugs with the black money, Chander sent her out to the car, received the money and went to keep it in the usual closet — where, to his horror, he found the dead body of Pritam Sinha.

NOW READ ON. . .

LILA walked in just then saying, "What's taking you so long. . ."

When she saw the body of Pritam Sinha lying face up, his eyes frozen in a death stare, she opened her mouth to scream. I clamped my hand on her mouth to stem her shriek, but it never came. Instead, she went weak at the knees and began to sway. In fact, she would have fallen to the floor if I hadn't caught her.

Pritam Sinha then hadn't left the precincts of the shop at all last night. And that meant I was one of the last people to have seen him alive. The knowledge gave me as much of a jolt as the sight of his body.

There was pin drop silence in the shop. With the girl lying limp on a couch in the furniture section where I had laid her, I debated the next move. One thing was certain. If Pritam Sinha's body was found nere, we'd all be involved — Navneet himself, who had initiated the black money racket, I, who was the last person to see him alive, Lila, who'd been with me at the time of the discovery of the body.

Through fogged senses I realised we couldn't let the damn corpse remain here. We had to get it away somehow and throw it in an entirely different place so that the shady, underhand dealings in this joint didn't become public. I won't pretend that I was running the risk for Navneet alone. I was doing it partly to save my own skin.

Having made the decision, I thought of ways and means to carry the strategy through. I lifted up the receiver to dial Navneet at the club, then thought better of it and put it down again. Bringing him here would only complicate matters. His friends would want to know why he was rushing off. Later, there might be involved explanations and who knows what slip up? Besides I couldn't speak about what had happened quite frankly to Navneet over the telephone.

The thought of Lila bucked me up no end. There was a car at our disposal too, the Fiat in which she had come. With her help it would be easier to lug the body to the car. When I went back to the furniture section Lila was sitting up. Her face was white.

"Are you all right?" I asked.

"Yes," she said. "What a nasty thing to happen! Are you going to call the police?" I held my breath. I had been sure of her help, but if she had a conscience like my mother's we'd all stew in our own juice. I sat down beside her, partly to gain time and convince her we had to get the body away, and partly because my knees felt weak too.

"Lila," I said softly. "How would you feel if Navneet went to prison?"

She gasped, and her hand flew to her throat. "You mean he killed him?" she asked.

"No," I said slowly, so that the discovery of the racket wouldn't come as too much of a shock. "But if the body is found here, a lot of things might leak out that are better kept hidden."

"Like what?" she asked.

"Did you know that the financial dealings in this business were not all that clean?"

"You mean my brother. . ."

"Things, mostly imported items, were sold on the pavements, with no bills to show for the stuff. God knows if they were smuggled items. The takings from these nearly doubled the amount totted up on the register after the shop sales for the day were ended. Looks as if this shop was just a blind for the real business which went on behind the scenes. . ."

She took it all in, not batting an eyelid. We sat there side by side, caught in a terrible dilemma. I put an arm on her shoulder to make it easier for her to get adjusted to the new idea of deception, and she looked up into my face with those innocent grey eyes. She looked so defenceless that I bent forward and kissed her trembling lips.

"Don't!" she cried, drawing back. "This is hardly the moment."

"I'm sorry, but these things just happen."

"There's a body lying in the hosiery section and here we are . . .here. . ." She seemed on the verge of hysteria. I wondered if I could brace her up with some strong coffee or a spot of brandy but there was nothing at hand.

Presently she steeled herself, dabbed at her eyes with a lacy embroidered handkerchief, and asked me steadily: "What do you propose to do?"

I admired her nerve. Many other girls suddenly faced with such a dilemma would have broken down.

PART TWO

TRAPPED!

Mayah Balse

"I want you to help me, I said. "We have to get the body away from here."

"That will be very dangerous, she said.

"That it will," I replied. "But if we leave it here it might be infinitely worse."

She looked at me, then away in the general direction of the hosiery section. "All right," she said with a sigh. "But getting it out to the car will be the greatest problem. After that, it might not be quite so difficult, if we manage to find a lonely spot where we can dump it."

I went to the main door of the shop, opened it an inch and peeped out up and down the road. The shop was located in the most crowded area of the city, flanked on both sides by cinema houses. Now the evening show was over and people spilled out on the streets. It beat me how we were going to get Pritam's body to the Fiat in such a crowd.

I went back to Lila. "We'll have to wait awhile," I said. "The street is filled with people."

"If I wait a moment more in this eerie place, I'll go mad."

"Look, Lila," I soothed. "Please bear with me. We'll take the body out when it's quite safe. No sense taking it out now and getting mobbed by a curious crowd."

She saw reason and sat down to wait patiently.

The phone rang shrilly, startling us both. I grabbed it unsteadily and said in a voice that did not sound like my own "Hello?"

"Oh, Chander, Navneet here. I got back home and found Lila missing. Is she with you?"

"Yes."

"What're you doing in the shop so late?"

"Look, Navneet. Are you alone?"

"No. Half a dozen of my card playing friends have landed up here for dinner."

"Oh!"

"Is there any problem?"

"No. . . it's perfectly all right."

"You sound frightened."

"Do I?" I asked.

"Why don't Lila and you come over here and join us for dinner?"

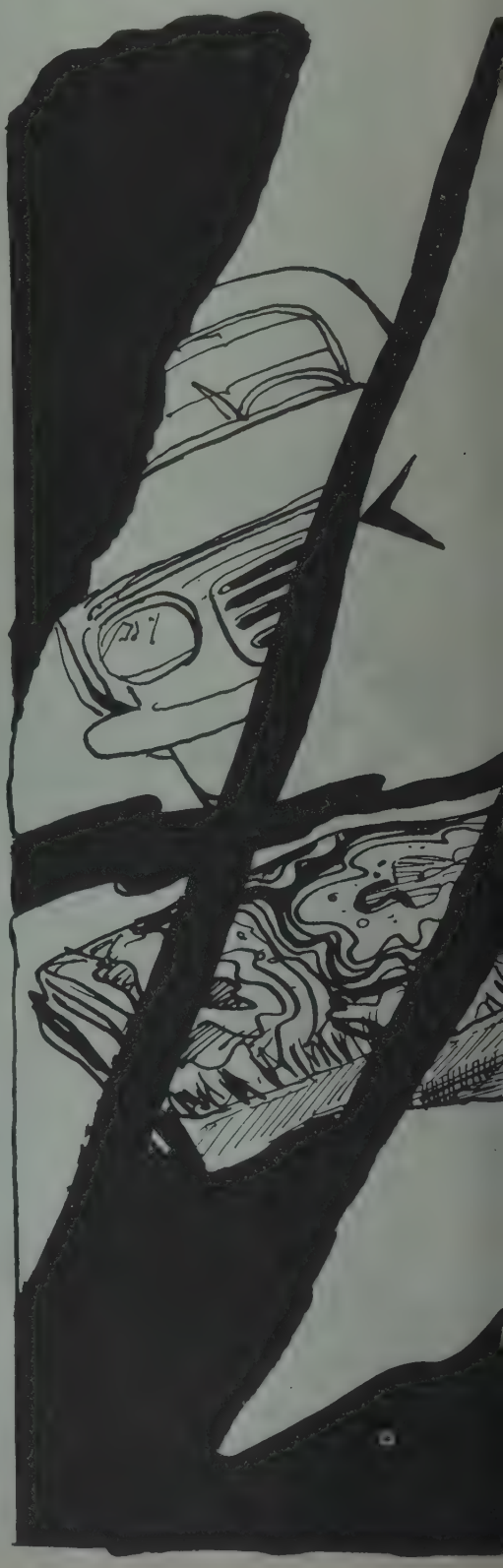
"Don't bother Navneet. Actually we want to be by ourselves for a spell."

"Oh, having a cosy date are you?"

"Sort of," I said.

"Well, with you I don't have to worry. She's in safe hands. But get her back by eleven will you?"

"I'll try," I said.



When I put down the receiver I was bathed in sweat. Lila came up to me and asked, "Why didn't you call him out here? Three are better than two."

"I couldn't. He was with a horde of friends. At this stage we can't afford to take any chances. Suppose they all decide to drive down here in their cocky, inebriated condition? We'd have a pretty party for the corpse."

"Was Navneet drunk?" she asked.

"Not too much, just bleary."

"He's been taking it too hard lately." That was a good joke. Actually, Pritam Sinha and I had been slogging away while the playboy made the round of the clubs.

"He's still not got over father's death," she said. "That's the reason he drinks so much."

"How did your father die?" I asked. She didn't speak and I wondered if she had heard me.

"If you'd rather not talk about

With the discovery and disposal of the body, Chander's involvement in the racket reaches a point of no return...

it, I'll understand perfectly," I said. "Perhaps you haven't got over his death either."

"Yes," she said. "I mean, if a man dies in natural circumstances, of a heart attack or an illness, it is so much easier to adjust, but when he dies violently the shock is too great."

"Did your father die in an accident?" I asked.

"No," she said in a strangled voice. "He was stabbed to death." She burst into tears and I drew her to myself and consoled her in the best way I could. Again she drew back from my embrace and stood apart wiping her eyes and blowing her nose.

"When I heard the news, I was in Switzerland. That was the first time I began to wonder if the business didn't have something nefarious about it. I was so worried and tense. . . And now Pritam Sinha. . . if anything should happen to Navneet. . I. . ."

"Nothing will happen to Navneet," I reassured her.."I'll shield him from harm."

But my voice didn't sound as confident as I had intended. "Buck up," I said. "Everything's going to be all right."

She gave me a weak smile.

It was while we waited for the street to empty that the idea struck me. It was inspired by the carpet section.

I took down a fair sized carpet and between us we rolled the body in it. Then I asked Lila to hold one end of the roll. She bent down and tried but couldn't budge it. I began to wish she had been an Amazon instead of such a dainty creature.

"I can't stand it," she cried desperately. "Put him back in the hosiery section. I'm going to phone the police."

"Lila, no!" I cried. "Not when we've got this far. Have courage Lila. Think of Navneet."

That was the time I got my second brainwave. There was an underground car park in the building and a service elevator from this shop led straight to it. If Lila could drive the car to the spot, I could heave and push and load him in the lift. And there would be fewer people in the car park. They would probably think we were a couple loading household goods into the luggage boot.

With her help I dragged the bulging carpet to the door of the elevator and pressed the button. It began to come up. I heaved a sigh and asked her to rush off and get the Fiat into the parking lot as close to the lift as possible and with its dicky in the right direction. She nodded briefly and went off to do my bidding. When the elevator came I slid the door open and heaved and pushed till Pritam Sinha was safely inside. Then I climbed in and closed the door.

The cage shot down to the car park, but there were no sign of the Fiat. I began to sweat. If anything went wrong now, I'd be discovered here with Pritam Sinha's body rolled up in a carpet. I must have waited five minutes but they seemed like five hours. I was fit to scream.

Suddenly I saw a man coming towards me. He wore a khaki outfit which to my befuddled brain took on the likeness of a police uniform. I went weak at the knees.

"Is your name Chander?" he asked.

"Yes," I said. My lips were dry. My throat was dry.

"There's a message from a young lady in a Fiat car."

"Yes?"

"She says to tell you the car won't start."

"Oh!" He turned his back to me and was going away when I said, "Who are you?"

I wondered if this was a trap. Were they all in this together, and was I the scapegoat?

"I'm the chowkidar," he said. I tipped him twenty five paise for his trouble and he went away. I hoped he wouldn't remember my face if they questioned him later.

I think desperation makes the mind work faster. Now I mechanically went round trying all the luggage boots of the cars in the parking lot, to check if one of them was open. The fifth one yielded to the pressure. I raised it and looked inside. Empty. I dragged the carpet to the car and heaved it in. Then I closed

Continued on page 39

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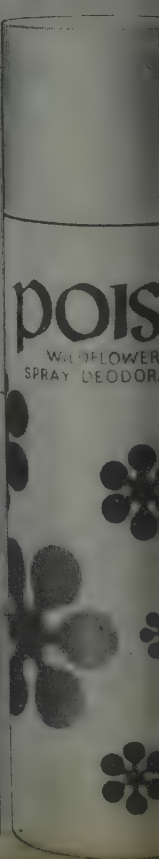

POISE

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TRAPPED!

Continued from page 37

the boot. I glanced at the number plate. It was a black Ambassador, MRX 3040.

Breathing more freely, I made my way through the car park, up an incline and into the street which fronted the shop. Lila sat helplessly in the car. As soon as she saw me she gave a gasp of relief.

I opened the bonnet at once and realised the trouble. Nothing but a couple of loose coils. I pushed them in and asked her to pull the starter. The engine whirred to life. I got in beside her quickly and she turned the car in the direction of the parking lot.

"Where is the . . ." she began.

I put a finger on her lips.

"It's safe," I said. "Don't worry. "We just have to transfer the cargo from one luggage boot to another."

She was just turning the corner that was thick with traffic lights when another car pulled up alongside and the lights changed from green to red.

"Oh Lila!" cried a high pitched girlish voice. "Where've you been?"

"Nowhere," said Lila.

"Why don't you join us all for coffee?" cried the girl.

"It's late, Kala. Some other time perhaps. I've got to get home now."

"Oh, come on, be a sport. Bring your boy friend too."

"No." Lila's voice was trembling and I was afraid she would burst into tears.

Just then the traffic lights changed and Lila moved the car forward fast. "Whew!" I said. "That was close."

"I can't take any more I'm afraid," she cried.

"You won't have to. In a matter of minutes, everything will be smooth sailing."

"It better be," she said.

We were just going into the parking lot, when there was wild honking behind us. I turned and saw Kala and a crowd on our tail.

This was too much.

As Lila braked to a stop in the parking lot, I got another shock. The black Ambassador car was missing.

"Well, Lila," I shrugged. "I guess we might as well join them at their party."

"Now that's a jolly sport," cried Kala.

"Get going, we'll just follow you."

They drove off waving wildly. Lila swung on me angrily.

"Are you out of your head?" she asked. "Or did you find the silly female so sexually appealing?"

"Neither," I said, pleased at her jealousy. "This was the only way of shedding her."

"Oh Chander, I'm so relieved," she cried and threw herself in my arms. Softly I whispered, my lips close to her ear, "The car is missing."

"What car?" she asked drawing back amazed.

"The car in whose boot I put the body."

"Oh, what do we do now?"

"Nothing," I said. "Just go home. We'll never find the missing car in a city like Bombay and by the time we do, the fellow who owns it will probably have discovered what the luggage boot contains."

"Oh Chander, I'm frightened."

"Don't worry. We wanted to get rid of the body and we've succeeded. That's all that matters." I looked at my watch.

"It's close on twelve," I said. "I promised Navneet I'd get you back by eleven."

The next day, I glanced at the morning papers apprehensively, to find out if there was any news of the body's discovery. There was nothing. Maybe the man had just parked the car and gone off to his hard earned rest not dreaming what lay in the boot. Time would bring out the truth with the stench.

I set out early because I wanted to go to Navneet's house first for an open confrontation before I went to the shop. There was no knowing whether he would turn up for work and once he got caught with his club crowd, it was intensely difficult to reach him. My father glanced up from his morning puja, surprised to see me dressed and ready at seven-thirty. My eyes were heavy and probably red because I hadn't slept the whole night from sheer worry.

"Where are you off to so early?" he asked.

"I have some work," I said, avoiding his eye.

"You don't look very comfortable today," he said. "Some trouble about your work?"

"No father. I'm perfectly all right. Please leave me alone."

I walked out of the house and he continued with his puja.

Navneet lived in a posh multistoried flat in Napean Sea Road.

He was fast asleep after his midnight revelry and I dragged him out of bed for the confrontation, in spite of old Baloo's protests. The old servant was a considerate soul and had some qualms about waking the master, but I asked him not to worry.

Navneet met me in the hall, wearing a silk dressing gown. He was clearly having a hangover.

"What's the panic?" he asked. "I thought you'd be late coming to the shop, so I came out here to see you," I replied.

He waited for me to elucidate, but Baloo was hanging around and I glanced at him. Navneet, sharp to see my hesitation, despatched him at once to get some coffee for us and I said, "Pritam Sinha is dead."

Navneet sat down, unable to believe his ears. When I told him where we had found him

and what had happened to the body, he held his breath.

"Even if they don't find him in the shop," he said, "they'll connect him with us as soon as they learn his identity."

I took out from my pocket the diary, driving licence, keys and visiting cards, which I had removed from his coat. His clothes were no problem. They would never be able to trace him from just his clothes. They were pretty ordinary and you could buy them just about anywhere. So were his shoes and socks. Only his face might ring a bell, particularly if his family started making enquiries.

"What a terrible thing to happen!" Navneet said. "But you were wise to take these precautions. I mean, nothing about the underground activities must leak out. That would be very bad for us, for the whole business."

"Why did you start it in the first place?" I asked. "When we were in college together, you were so frank and honest. When the men came with bags on my first day of work, I just couldn't get over the shock of it."

"There are some things you just have to do Chander, whether you like them or not. My father had carried on the business for so long that when I took over and expressed a desire to put an end to it, I stirred up a veritable hornet's nest. Every one was antagonised — the men who got their cut for bringing the loot to the shop every evening, the men who sold the wares and got their commission, the policemen who got silence money, the boatmen who ferried the wares to the beach from the drop-off point, the suppliers in Hong Kong who did roaring business by charging us a little more than the local rates. The whole thing was so involved that I felt powerless — like a damn tennis ball — bandied about with no will of my own. You just can't imagine my plight."

Baloo brought the coffee and when the man had gone Navneet said, "The king pin behind the whole show was Pritam Sinha. . . He knew all the moves. When the cargo was due to land, where the money had to be paid, who got a cut and how much and he was the main stumbling block as far as I was concerned. That's why I was anxious to get rid of him."

I looked up sharply and Navneet said at once, "It's not what you think. I just wanted to sack him and install you in his place, so the whole business could revert to an honest footing and the stench die a natural death. Why do you think I avoided coming to the office? So that I wouldn't have to see the runt's greasy expression."

"You could have told me," I said. "You could have apprised me of the state of things."

"I wanted to," he said, "but was afraid for one reason. I thought you might refuse the job outright if you learnt the truth. Pritam Sinha was against employing you. He felt you may not toe the line. But I told him to just give you a cut like the others, so that you would be irreparably bound to the business."

"You did that?" I cried incensed.

"Don't take it ill," said Navneet touching my arm. "I felt it was the only way of involving you with me."

"You've involved me all right," I cried. "I'm up to my neck in this thing, thanks to you. I've not only accepted black money, I've even got rid of a corpse from the shop premises."

"Please Chander," he said touching my arm. "I didn't mean to harm you."

"Well thanks a lot for your consideration." He didn't speak. He knew I couldn't ditch him now. Not after the deeds I'd done last night. I drank my coffee which was stone cold by now and put down the cup.

To be continued in the issue of May 20.

FUN WITH GEMS

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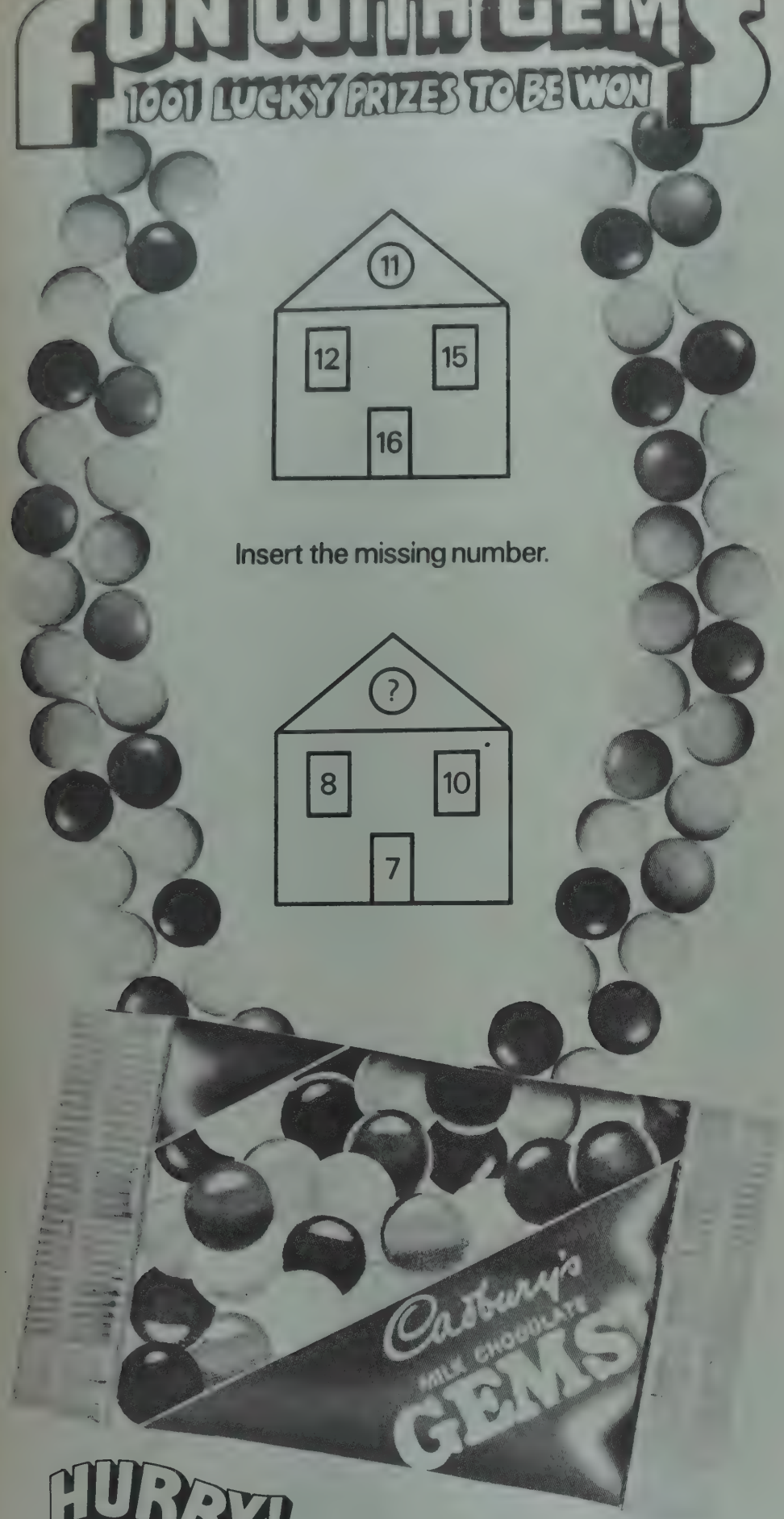

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Continued from page 17

ma Kadolkar, who stood second in Metallurgical Engineering in her time, has opened her own foundry at Kolhapur.

One must have a liking for the subject, says Ms. Pande and being male or female should make no difference. She recommends this career for enterprising women.

DIETETICS AND HEALTH

Four years as manager of the Health Club at the Oberoi Sheraton, Bombay, have proved rewarding and satisfying to Uma Kubera, a charming nutritionist.

Nutrition, a branch of science which started developing in India in the 1950s, is receiving a fillip in the country with the growth of 5-star hotels and health clubs, said Ms. Kubera. This is creating a spate of job opportunities for nutritionists.

She observed that there is plenty of job flexibility in this field. One can work in a hospital or a nursing home as nutritionist or dietitian, or teach in a college. One can also work as a dietitian or manager in a health club. Nutri-

Uma Kubera

tionists also have a part to play in research, especially in areas like rural health, malnutrition problems and other issues that need particular attention in a developing country like India.

A nutritionist has to specialise in nutrition, preferably with a Master's degree, such as Ms. Kubera has, or a diploma in dietetics. Subjects like Mathematics, Statistics, Research Methods and related subjects like Human Physiology, Bacteriology and Biochemistry help form a firm foundation and base in this field.

Nutrition is a very technical subject which involves working in laboratories and so on, and Ms. Kubera is of the opinion that a part-time course is not feasible. Moreover, there are no known centres in the country for this. The S.N.D.T. University, in Bombay, the National Institute of Nutrition, in Mysore, the CFTRI, CARE and Hindustan Lever offer facilities for research in nutrition. The projects that one does as part of the course are time-consuming and freelancing is unthinkable, according to Ms. Kubera.

Ms. Kubera feels women are ideal for this job, and some have made their mark in this field.

Women are not faced with any particular problem in this area, hence Ms. Kubera strongly recommends this career for women. She contended that this subject enlightens women on various health problems, and also makes them aware of the importance of the early formation of healthy dietary habits.

Rossanna Rebello

NEW INROADS IN THE PROFESSIONS

LAW

Niloufer Bhagwat and Indira Jaising are both eminent women lawyers of the Bombay High Court, holding L.L.M. degrees. The former dedicates her practice mainly to the upliftment of the economically weaker sections of society, while the latter is a labour lawyer who has specialised in solving labour disputes.

According to Ms. Bhagwat, the economically weaker sections are in the majority and need to be enlightened on their legal rights and how to go about getting them. She assists them by fighting out their problems in constitutional, civil, criminal and labour matters. Ms. Jaising says, "To be a lawyer is to be socially useful," and she attends to the ever rampant trade union disputes, unfair dismissals of workers by managements and other labour demands.

Law is a career which requires individual excellence and one's efficiency in the field counts in order to win public recognition. A lawyer can have her own practice, work in a commercial organisation as a law officer or teach.

During the L.L.B. course, certain basic subjects are studied. Specialisation comes in at the L.L.M. level, where subjects such as International Law, Administrative Law, Constitutional Law, Jurisprudence and other allied subjects are covered. However, one's academic specialisation need not be one's professional specialisation. And many lawyers specialise on the job, so to say.

Both the degree courses are part-time, but neither the government nor institutions of law have set up legal centres where law students can aid and advise the weaker sections and thus gain practical experience. Nor are any attempts made to involve the students in and equip them for the court work which they are faced with on graduation, said Ms. Bhagwat.

Ms. Jaising feels that there is a certain amount of discrimination against women lawyers, not so much from the clients as from the male lawyers and judges in particular. Ms. Bhagwat says that women lawyers face no discrimination as far as the general public is concerned. Clients are generally interested in competent lawyers irrespective of their sex.

Some women lawyers have been elevated to responsible positions among whom are Sujata Manohar, who was recently appointed judge of the Bombay High Court, Amina Naqvi, who is an Additional Prosecutor in the Sessions Court and Freny Ponda, who is outstanding in the criminal field.

A great deal of emotional and physical strain is involved in the case of women lawyers, especially the married ones, with no help coming from the State by way of providing creches, observed Ms. Bhagwat, which is why there is a great disparity in number between those who graduate and those who actually pursue their profession.

These two veteran lawyers recommend this career for women, as women constitute a large section of "the exploited." This profession is intended to involve women in the task of remedying social injustices as well as to be in the vanguard of a movement to establish a just society.

CATERING AND HOTEL MANAGEMENT

One would think catering is essentially a woman's forte, yet a study conducted by the Catering Institute in Bombay hotels revealed that only 12 per cent of the total employees are women. Two women in this field in Bombay are Thangam Philip, Principal of the Institute of Hotel Management, Catering Technology and Applied Nutrition, and Rashmi Brer, Assistant Manager of the Banquet Club at the Oberoi-Sheraton Hotel.

The Institute of Hotel Management in Bombay runs a three-year diploma course in hotel management, and a one-year, post-graduate diploma course in specialised hotel management. After the first year of college, after I.S.C. or on completion of the P.U.C., having passed in English, Maths and Science (Physics or Chemistry) or Commerce, with a minimum of 45 per cent marks, one is eligible for admission to this course. Sixty per cent of the emphasis is on practicals, while forty per cent is on theory.

There are ten food and craft institutes in India offering one-year craft certificate courses in each of the five basic crafts — cooking, baking, house-keeping, hotel reception and book-keeping, and restaurant and counter service. Admission to these courses entails a minimum educational qualification of Standard Ten.

The Oberoi-Sheraton has its own hotel management training institute at Delhi, which runs a two-year, post-graduate diploma course, and gives one a wide exposure to every facet of a hotel.

The training consists of theoretical inputs which comprise

Thangam Philip

subjects like Human Relations, Communication, Languages, Self Development, Sales and Marketing and Front Office Management. This is a full-time course, during which a person gets practical as well as on-the-job training. This diploma is the only one which is recognised abroad, according to Ms. Brer.

A person who has been through a catering course is technically qualified to work in any of the three areas in a hotel: Food and Beverage Services, including banquet service, Food and Beverage Production, which includes kitchen management and Un form Services, which involves lobby and front office management.

With numerous hotels coming up annually, plenty of job opportunities are being created, and there is a paucity of trained personnel, observed Ms. Brer.

Diploma holders in catering can find employment in hotels, industrial canteens, the railways, ships, airlines, tourist bungalows and hospitals.

There are hardly any women working in hotel kitchens, said Ms. Philip, as the tensions are immense in the kitchen. "Women should be more daring and enter the kitchen," she remarked.

Ms. Philip and Ms. Brer recommend this career for women, but the latter made it clear that this line is only suited for a career-minded woman since the working hours are long.

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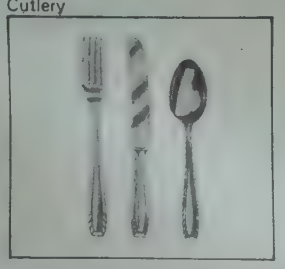

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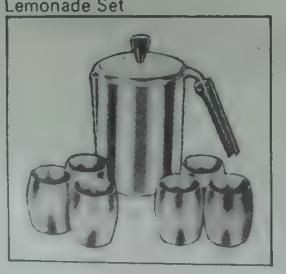

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OPPORTUNITIES IN BUSINESS

Suman Pai

MARKETING

Pushpa Chandra Sekhar did the M.B.A. course at Jamnalal Bajaj Institute of Management. She graduated in 1967.

She is at the moment employed in Glaxo as a Marketing Planning Executive. Her job encompasses carrying out special studies of different aspects of their products. It also involves touring.

The duration of the management course at Bajaj is two years In the first year all the students have to study common subjects, but in the second year they specialise. They can then opt for any of the various divisions, like marketing, personnel, production, or finance.

Mrs. Chandra Sekhar has done marketing management and is a commerce graduate from Sydenham College in Bombay. It is not essential to be a commerse or science graduate to study management. Any graduate can apply for it as long as he or she has the basic aptitude for mathematics.

Management graduates are in great demand and so jobs are fairly easily available. "Most often jobs are secured even before you've passed," said Mrs. Chandra Sekhar. The summer training course — lasting from six week to two months — is also a great help

"There is certainly a little reservation on the part of the employers in recruiting women," said Mrs. Chandra Sekhar, "but that is because women are considered weaker in terms of physical stamina. But this attitude is changing as more and more women are coming forward to take up managerial responsibilities."

ENTREPRENEURSHIP

Smita Shah is an M.B.A. from the Indian Institute of Management, Ahmedabad. She is not in a regular job because she feels that this will limit her functioning as a mother and housewife. So she has started a small-scale industry, in which she holds one third of the shares. Her business is called Pack-Art Printers and they manufacture multi-coloured cartons.

She has specialised in finance and marketing management and she looks after these two aspects. The I.I.M. course is a two-year post-graduate residential course and is conducted at Ahmedabad, Calcutta and Bangalore. Candidates are selected on the basis of their ratings in the written test as well as group discussions.

"The advantage of owning a business is that since I have no fixed time as such, I can spend a greater amount of time at home and work here whenever necessary too," she explained. So her advice to young, professionally trained women who do not wish to work on a full time job, is to start their own business, with financial aid from banks.

BANKING

"Of late many women have been applying for jobs as clerks and officers and the banks encourage them," stated Mrs. Nalini Subramaniam, Deputy Manager (credit section) in the State Bank of India. Her section mainly deals with corporate sector borrowings, i.e. loans to large industrial concerns. Mrs. Subramaniam joined the State Bank in 1962 as a probationary officer and was confirmed two years later.

Most banks recruit graduates on the basis of the written test and interview that they conduct every year. Though commerce graduates are preferred others aren't discriminated against. All banks have their own system of training.

If someone joins as a clerk and is a graduate, he or she can, for further promotions, appear for either their own bank's exams or those conducted by the National Institute of Bank Management, after five years of experience. For non-graduates, the time limit is ten years.

"Bank jobs can be recommended to young women," she asserted, "employers too have fewer inhibitions than before to recruit them."

Pushpa Chandra Sekhar

Nalini Subramaniam

Smita Shah

Khorshed Daruvala

CHARTERED ACCOUNTANCY

Mrs. Khorshed Daruvala did her Chartered Accountancy way back in the early 1960's. She has no regrets. She is working as an accountant for Poysha Industries manufacturing metal tins and boxes. She has to look after the finances, accounts books, income-tax, sales tax, tax assessments.

There are two types of chartered accountants—those who are practising and those who are in industry. The chartered accountant's main job is certify the correctness of accounts and they specialise either in tax practice or audit practice.

Under the present 10 + 2 + 3 system of education, a candidate can appear for the entrance examination conducted by the Institute of Chartered Accountancy of India after getting through the 12th standard. On passing this entrance examination, he or she can start his or her articleship under a chartered accountant and concurrently attend a morning college for a degree in B. Com which would be an added advantage. The Institute also conducts postal instruction.

The period of articleship now has been reduced to three years and, in fact, if a candidate wants to undergo industrial training i.e. work in an industrial house, then he or she can do so in the last year of the articleship.

Chartered Accountants are always given preference over B. Com. graduates for posts as accountants in industrial organisations. And, as for branching off later on, one can always become a Company Secretary if one has put in a number of years of service or if one has also done other courses like law, management and cost accounting.

TRADE UNIONISM

Pushpa Mehta is a popular trade union leader. She attends to the grievances of workers whether the problems have to do with their wages or permanency, victimisation or anything else. For this she has to attend their meetings, support them when they are on strike, get them released from the police and protect them from unsocial elements.

Besides this, of course, she also has to present and argue her cases in court, which is the legal aspect of her job. But for Mrs. Mehta this is not too difficult a task as she studied law after her graduation. It is not necessary that a trade unionist be a graduate. What is required is a sincere willingness to help the workers and also a belief in the trade union philosophy.

Mrs. Mehta's union, which is the United Trade Union Congress, is also actively involved in educational work. They publish a paper which contains Marxist theories, current topics of political, economic, social — as well as light features.

"There is no such thing as job availability in this field," she said "We only absorb sincere workers who are paid a small honorarium as and when funds are available."

She has not really faced much discrimination in spite of her sex. In fact, most of the labourers prefer to come to her with their problems because they feel that being a woman she cannot be too strict with them. "It may also be because women are less susceptible to bribes," she said

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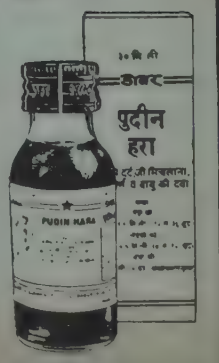


A Dabur PRODUCT

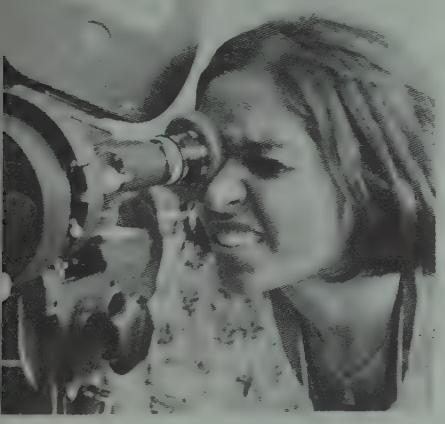
MANY OPENINGS IN MEDIA

FILM DIRECTION

"We must be encouraging," said Aruna (of the Aruna Vikas team of 'Shaque') at the end of the interview and, in fact, it was the theme of her comments throughout the brief meeting.

Encouragement was required so that interested and talented young people looked to film-making as a career and found the determination to stay through the initial hard years. Unless more such people with ideas and training joined film-making the changes necessary in the commercial feature films will never take place.

Aruna looked on the "experimental" cinema as having the positive role of trying out innovations and techniques. How-



Aruna Vikas

ever, she said, the changes in commerical cinema will have to take place gradually so that the new forms, instead of startling, become slowly acceptable to the public. Their own film, "Shaque" has been labelled "Transitional": more because labels have become essential in the industry and "Shaque" fitted into neither the experimental new wave nor into the commercial cinema.

Having a team which enjoys the work makes film-making great fun, Aruna said. It's not necessary for a group to restrict itself to features. There is enough scope in other kinds of films as well. They have regular assignments to make industrial films and they also make advertising films. Aruna mentioned that they had recently become partners in a flourishing agency for making short films.

In the Aruna-Vikas team, Aruna is co-director and also does the film-editing, having specialised in film editing at the Poona Film and Television Institute. She wished to study Direction, but that required graduation and Aruna's two years of medicine were not considered suitable.

Aruna insists that there in no job in film-making that a woman cannot do. In fact some jobs are more suitable to women than men —such as film editing and continuity, perhaps as they require patience and precision. Aruna did not dismiss the problems involved in taking on this career. In general, there is the initial uncertainty, insecurity and inadequate financial compensation. For girls, there are the usual problems of family objections to outdoor shooting work, day and night slogging and the demands of house and family duties.

Aruna and Vikas occasionally teach at the mass communication courses at the Sophia and Xavier's Colleges in Bombay. She finds their film courses inadequate and thinks it is a pity because trained people are required and in demand.

PHOTOGRAPHY

An emphatic "No," was Erna Vatcha-Gandhy's response to the question, "Would you recommend a career in photography?"

Miss Vatcha-Gandhy is herself a professional photographer who specialises in portraiture. She does not call herself a professional. She said, "I apply professionalism to the enthusiasm of an amateur." A veteran of many exhibitions, with a number of awards to her credit, Miss Vatcha-Gandhy has a perfectionist's approach to her photographs. "I require many sittings for my portraits, prefer settings natural to the person and insist on doing it as I want to. People are not very happy with all these conditions."

With this kind of enthusiasm towards her work, why is Miss Vatcha-Gandhy discouraging to aspirant photographers? "One can't clap with one hand," was her remark. There is no outlet for work such as hers. Not only is there no market for this art and therefore no financial returns; there is not the right kind of appreciation even from the experts circle. "Everyone is too conditioned by advertising photography and colour photography."

There is money in certain kinds of photography, Miss Vatcha-Gandhy admitted. An ordinary, well-located studio, taking passport and graduation photographs, makes money. There is scope and demand for photographers in the advertising world. But, according to her, the biggest demand is in "social photography" — taking hundreds of photographs in hunddreds of weddings. Then there is journalism, but that has not developed much in India.

Except for a basic photography course in one of the institutions in Bombay, Miss Vatcha-Gandhy is self-trained, through practice and reading of journals on the subject from abroad. The beginning of this career itself is full of difficulties. The initial investment required, even during training, is prohibitive. "One can't become a photographer by operating a box camera." The camera, a beginner's camera, can cost Rs. 2000 or so. Besides there is the other equipment — film, lenses, flash, etc, and the fees for the training course. How many can pay out sums like these, for a career with doubtful returns in the future, was Miss Vatcha-Gandhy's discouraging retort.

She went further into the problems faced by those practicing photography, the major one being the non-availability of a variety of films, and accessories to camera, inadequate colour processing facilities, and the cost of all materials. Many of the problems arise from the fact that we have to depend on imported material and equipment.

It is necessary to mention here that Miss Vatcha-Gandhy's attitude to a career in photography is that of an artist who has chosen a medium which does not draw sufficient attention in India. In photography itself (as a hobby for those who can afford it) she sees endless possibilities.

FILM EDITING

"Almost an ideal job for women," is how Renu Chopra described film editing. A graduate of the Poona Film Institute, specialising in film editing, and with a number of years' work on short films, ad films, and television, Renu speaks from experience.

After a B. A. in English, Renu went into journalism, writing for magazines, including film magazines. Writing on film stars developed in her an interest in film making leading to intensive reading on the subject and, eventually, to the the Film and Television course at Poona. Renu's first choice was Direction. But as she could not get in there, she took the two-year specialization in film editing, hoping to use it as a stepping-stone to enter into film direction.

Renu now enjoys her work as a film editor. "I like to know about the film I'm working on," she says and enjoys involvement in the film from the initial stage.

There is plenty of scope in this field, even without going to the commercial film industry. There are avenues open for work on ad films, documentaries, short films, industrial films and features. "I always feel that I can get as much work as I want," was Renu's comment, and she said she experienced no discrimination because she was a woman.

Renu Chopra

Editing is very peaceful work, according to Renu. "It's an occupation for those who can work alone for long hours with great concentration." Much of it can be totally mechanical, requiring great precision and therefore patience. All this does not minimise the creative side of editing for, out of a mass of material, the film is finally made on the editing table.

RADIO ADVERTISING

Kusum Kapoor is in advertising, but it's a specialised branch of advertising. Every day as thousands of people switch on their radios to the popular Vividh Bharati, they listen into, besides the film songs and programmes, advertising jingles and commercial inserts. Behind such jingles is Kusum Kapoor and her Radio and TV Commercials agency.

"We are small," Mrs. Kapoor said, "and new — just four years old." Their clients are mainly the advertising agencies. For each advertising insert, depending on the length, the script is prepared, the appropriate copy and music decided on, and the artistes selected. Then, after rehearsals, the commercial is finally recorded in their studio.

Mrs. Kapoor was thoughtful when asked if she had faced problems in her work because she was a woman. Her answer was, "It would be unfair to claim that I had different treatment. My

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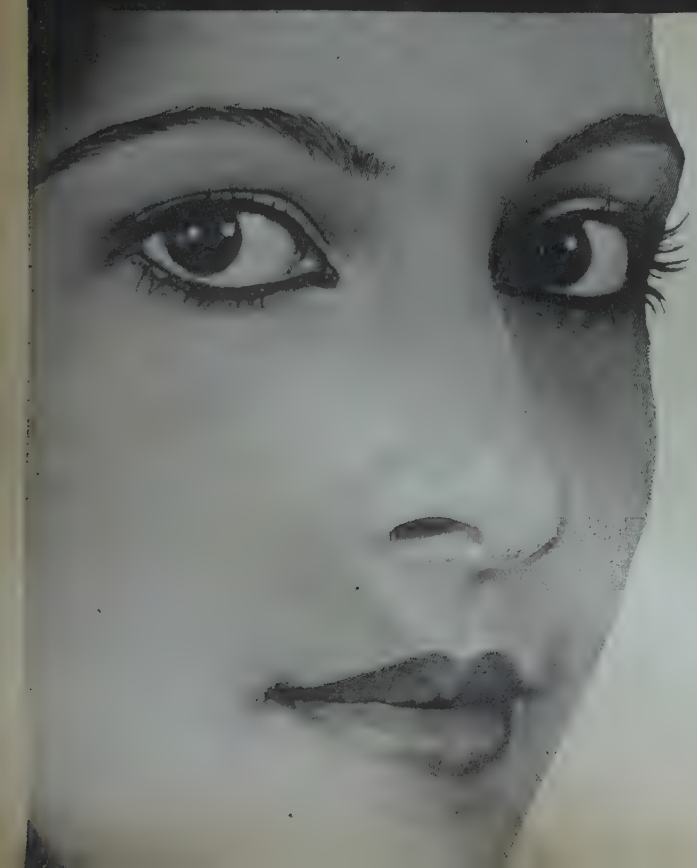

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MANY OPENINGS IN MEDIA

problems were those any new venture has to go through."

Radio and television advertising can be considered a new field, Mrs. Kapoor said. It has a growing demand and more and more clients are coming to the conclusion that advertising campaigns should include these advertising outlets.

A number of institutions in major cities, chiefly Bombay and Delhi, offer courses in advertising. Most of these courses, as in television, are general and unspecialised. They are useful mainly as an introduction to the field Artists who wish to enter the advertising field can choose intensive, practical courses, such as the one at the Sophia College B.K. Somani Polytechnic in Bombay. However, copy-writers, account executives and those wishing to enter other fields of advertising can at best take one of the general courses and hope to gain practical experience on the job or through apprenticeships.

JOURNALISM

Lata Raje has been working with the Marathi daily, **Loksatta**, for about 12 years. Only since last year has she been entrusted with the task of bringing out the Sunday edition of the paper along with its magazine section.

When she was keeping terms for M. Sc., she thought that obtaining a double graduation would perhaps give her only a teacher's job somewhere and she was really not cut for that job. Her brother, who was in the field of public relations, suggested journalism and she picked up the idea. She did not take any diploma in journalism but joined the Times of India under its Training Scheme.

There are advantages and disadvantages of working in a vernacular set-up. Within the state of Maharashtra, there is ample scope for a Marathi newspaper. It reaches people of lower income groups who do not read English. In this the accessibility to the lowest and the remotest is unquestionable. It is quite likely that a farmer in a remote village reads the Marathi dailies and hence it becomes more known there. But we must accept the limitation of a vernacular paper in that it cannot cross the borders of its state. Moreover, English still is the universal language and its scope all-pervading.

In the sphere of Marathi journalism, at least till recently, a lady reporter was not very acceptable by the people. When she used to interview ministers she had this mixed reaction. While some were ready to grant interviews, some expressed a feeling of doubt. It is not very different in English papers. Women's magazines themselves often face difficulties with ministers because many of them do not seem to realize that a woman and therefore her magazine can be interested in politics and its effect on life.

In a vernacular newspaper, the drawbacks are many. Because of its limited readership, news stories reported in it have a strong regional bias. Even for press conferences, many invitations are sent, only to English papers. Their reports are translated and then published in vernacular papers In short, the vernacular press does receive "secondary" treatment from outside.

As a woman journalist, whether in the vernacular or the English press, there certainly are many disadvantages. When it comes to promotion in a daily newspaper, it is quite likely that a woman's case is brushed aside on the grounds that a woman cannot work in night shifts. But there are women who work in late shifts in other fields, medicine for instance. But a distinction is often made.

The reginonal bias in the vernacular press limits a journalist's sphere of writing. International news, for example, is rarely highlighted whereas in English papers, it often makes front-page news. This should change if the vernacular journalists are to get ample scope for writing.

TELEVISION

Television is the most dynamic and imposing medium and has a unique quality of immediacy in it. It reaches a person right in his home, when conditions may be relaxed or tense. The feedback that TV programmes get is unparalleled. As a TV producer, one can resort to film, video and other facilities to produce the best. The medium can capture the minutest detail of expression, such as anger, fear or other emotions.

That much of television is urban-based is a reality and one must accept it. Both social and economic factors are responsible for its being so urban oriented. Speaking for her own programme, **Magic Lamp** (for children) Shukla Das emphasised the fact that such a programme has helped more than 4,000 children of Bombay and Pune to come together through Panna Clubs. Considering that today the urban child is getting more lonely, there is a definite need for these children to communicate with other children in an environment beyond the school.

T.V. production is a highly technical qualification involving knowledge of various camera lenses, colours, angles, proper requirements of set-designs etc.

At present there is no university in India conducting any training programme in this. TV production is offered as part of a diploma course at St. Xavier's College and the Sophia College B. K. Somani Polytechnic, both of which are in Bombay, and at the Film and Television Institute of India, Pune. These are basically post-graduate courses.

Shukla Das

A person does not become a producer straight away on obtaining the diploma and getting a job with Doordarshan. A person has to join as a production assistant. Today, this recruitment is entirely on contract or casual basis. There is no hard and fast rule that after a certain numbers of years of service, a person can acquire producership. As contract staff, there cannot be any job security either.

Other aspects of television, such as script-writing, are not taught as specialised subjects in India.

The biggest deterrent is money. We do not have independent TV set-ups apart from the government-run Doordarshan. As an organisation, Doordarshan is mammoth and can achieve wonders. But the fact remains that it is still an organisation which may be able to provide all facilities but can also become a limitation. However, it is not a must that one must get into the organisation to do something in TV. It is really best to be outside the set-up and contribute to it. Agencies making films for TV, like TVNF in India, can be developed. But there is a lack of facilities and finance.

If you are in a highly placed medium like TV or films, it is always best to discover yourself young. Especially in TV, quick reflexes are very important in production. So a person under thirty has a great advantage if proper scope is allowed.

Continued on page 50

HELPING OTHERS PROFESSIONALLY

SOCIAL WORK

Tulip Pereira, who has done her Master's in social work from the Nirmala Niketan, Bombay, is deeply involved in her work at 'Our Lady's Home', an orphanage for boys at Dadar, where she serves as a students' counsellor.

It is quite difficult for qualified social workers to get employment, Tulip pointed out, as schools and institutions prefer voluntary social workers who render honorary service.

A qualified social worker can find employment in hospitals, orphanages, remand homes or social welfare institutions. Social workers can function in several areas, as Tulip does. She sees to the foreign and local adoptions of orphans, job placements and after-care of the boys.

To pursue studies in social work one should complete the inter level at college, and after two years acquire the B.S.W. degree. The Master's degree course takes another two years after one has graduated in Arts Science or Commerce.

The various subjects that are covered in this field of study are Methods of Intervention, Inter-Personal and Individual Organization, Mental Health, Personality Development and Behaviour, Social Work Change, Indian Social Welfare Administration and Integration of Social Work Methods. At Master's level one either does a term paper which is a thesis on a particular subject, or one does research. The research project takes about six months to complete.

Tulip did research in juvenile delinquency. The results proved that the root cause of this problem is poverty, but improper guidance by parents is also another important contributory factor to this crime.

There's nohing like the soothing touch or a woman's hand, hence, social work is ideal for a woman, where her humane qualities can be brought to the fore. It is only during training that women face a little difficulty as far as doctors are concerned, who tend to adopt a condescending attitude towards trainees, and fly-off-the-handle when queried by them, little realising that it is part of the social work curriculum.

Tulip recommends this job to women. Apart from a few occasions when social workers are required to work over-time, the job is fairly uncumbersome.

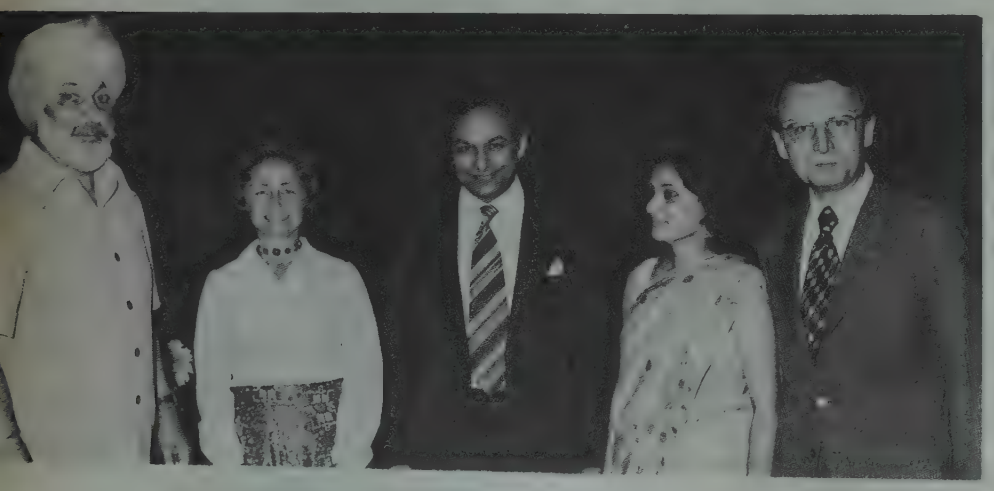
R. R.

people and events

Mrs. Suehiro, wife of the Consul for Japan, (right) hands over the first prize in the Ramon Bonus Stamps Flower Arrangement Contest, to Rajani Jayant, a student of the Ikebana School of the Khar Residents' Association Bombay.

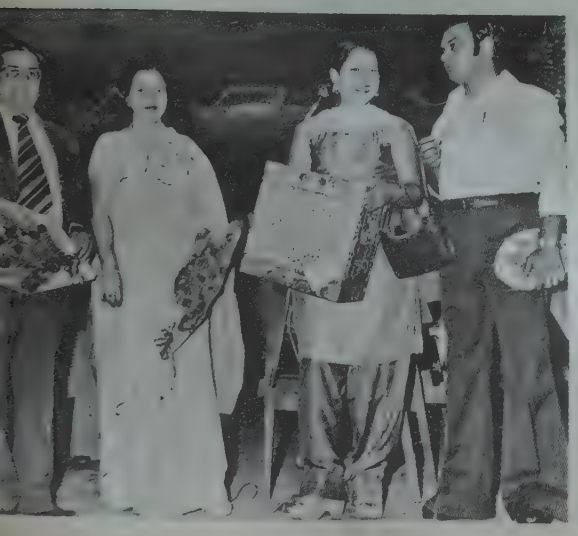
RIGHT: Maharashtra's Governor Mr. Sadiq Ali, president, Citizens' Cyclone Relief Committee, Maharashtra, presents a cheque for Rs. 75 lakhs on behalf of the Committee to Mrs. Sharada Mukherjee, Governor of Andhra Pradesh, in Bombay. Maharashtra's Chief Minister Mr. Patil, Committee chairman, is at ext. right.

RIGHT: Mrs. Shalini Patil, wife of Maharashtra's Chief Minister, inaugurated the Bombay branch of the Calcutta-based United Industrial Bank Ltd. At ext. left is Mr. J. N. Biswas, chairman, United Industrial Bank Ltd., and in the centre is Mr. K. D. Roy, director of the Bank.



At the German buffet organised by Lufthansa Airlines in Calcutta, are seen from left, Mr. Sharanbir Singh, executive director, ICI, Mrs. Singh, the host Mr. S. K. Dewan, district manager, Lufthansa Calcutta, Mrs. A. Dewan and Mr. S. Walter, general manager, India Lufthansa.

At a party hosted by the Spencer's and the Taj Group of hotels in Bangalore during the Annual Travel Agents Convention held there are from left, Mr. Nigel Kirby, managing director, Madura Coats Ltd., Major General Misra, director, Spencer's Group of Hotels, Mrs. Kirby and Mr. Sista of Sistas Advertising, Bombay.



EXT. LEFT: Mrs. Leena Chowdhary won the first prize in the Pune Food Craft Institute's cooking competition for women. Chief guest Mr. P. R. Malhotra, mg. dir. of M/s. Weikfield Products Pvt. Ltd. is at ext. left with his wife, and at ext. right is Mr. Satish Aurora, chief chef of the Taj Intercontinental, Bombay.

LEFT: Mrs. Anne Schunker, president of the Naval Officers' Wives Association, Vishakapatnam, talks to a patient in the family ward of the Indian Naval Hospital Ship Kalyani. From left are Surgeon Lieut. Cmdr. V. K. Malhotra, Mrs. Amrik Singh, and Surgeon Cmdr. R. Das.

bombay

The Worli Branch of the United Industrial Bank Ltd. was inaugurated by Shalinitai Patil, wife of the chief minister of Maharashtra. In her inaugural address she welcomed the Bank's operations in Maharashtra. She requested the bank authorities to start a special cell to grant liberal loans to the educated unemployed and society to set up their own units.

Mr. J. N. Biswas, Chairman, United Industrial Bank Ltd., in his welcome speech stated that this was the Bank's 74th branch. The Bank would be opening 25 more branches within this year in different state capitals and also in the rural unbanked areas. The Bank's loans and advances to the priority & rural sector are above 25 per cent of its total advances and the bank has plans to increase the percentage to 1/3rd of its total advances.

* * *

Jyotsna Capoor held an exhibition of unusual Rajasthan handicrafts which are likely to slowly disappear. Due to the absence of a market for them, Rajasthani craftsmen are taking to masonry and construction work instead.

However, involved workers like Mrs. Capoor have helped to create an urban market for these crafts and have started moblising the craftsmen to modify old patterns. A resident of Ajmer, Mrs. Capoor has organised the "reaggars," belonging to the mochi or chamar caste. living in hamlets, to use their skill in treating and tanning hide into making embroidered leather jooties, bags, lampshades, purses, folding chairs etc.

She has also channelised their skill at the "ralli" art — that of making quilted chaddars. Quilts, jackets, cushion covers and wall hangings done in this style were also exhibited.

This is the first time that the work of hamlets near Ajmer was exhibited in Bombay. Other exhibits included furnishing material and dress fabrics printed there.

* * *

With the tremendous success of their previous International Dolls Exhibitions, South Bombay Jaycees are organising the IV International Dolls Exhibition at the Jehangir Art Gallery from May 27 to 30, 1978.

The Exhibition is a common platform for bringing together the culture and tradition of different countries through the medium of dolls. Those interested in participating in the Exhibition may contact the President, South Bombay Jaycees at G/35 Jivan Nagar, Veera Desai Road, Bombay 400 058 (Tel. 269651-2-3)

* * *

A valedictory function was held at the Institute of Hotel Management, Catering Technology & Applied Nutrition, Bombay, at which Mr. Bhanu Pratap Singh, Minister of State for Agriculture & Irrigation, was the chief guest.

Mr. Singh congratulated the Institute for the valuable role it has been playing in educating consumers.

Miss Thangam Philip, Principal of the Institute highlighted the current 100 per cent employment position of the graduates of the Institute and the need for a variety at short-term management development programmes. To effectively implement these programmes, she requested the Government of India to set up a Professional Development Wing attached to the existing Institute.

* * *

The Bombay branch of the Indian Dental Association is holding a charity show featuring Mahesh Kumar and party on May 6 at the Shanmukhananda Hall. The chief guest of the show will be Mr. Jaykrishna, Chairman, Gujarat Fertilisers. Tickets for the show, which is part of the Association's Office Fund Raising Drive, are for Rs. 10, 20 and 40. Those interested may contact Mr. J. C. Parikh or Mr. N. S. Murty, joint convenors, for further details, at tel. no.s. 354732 or 481183.

delhi

Suneela Bindra had her first one man show of paintings at Triveni. Her use of colours is gay and evocative, and there is a quality of lyricism in her work. At present Suneela is working under the Government of India's National Cultural Scholarship under Mr. R. Broota at Triveni Kala Sangam.

kerala

A three-day seminar on the problems of working women which concluded recently in Kerala has given a call for greater participation of women workers in trade union activities.

Organised under the joint auspices of the Indian National Trade Union Congress and the International Confederation of Free Trade Unions, the seminar has expressed the view that male dominated unions were not duly concerned about the peculiar problems of working women since they share the view that working women contribute to unemployment among men.

About 50 representatives from different industries participated in the seminar. It stressed that with the spurt in the employment market, it was the opportune time for women to organise themselves.

This seminar was the first in a series planned in co-operation with the Ambedkar Institute of Labour Studies, Bombay on the problems of working women.

* * *

The Hulton Orchestra, one of the leading amateur music groups in Kerala, celebrated its 26th Anniversary at a colourful function at the Tagore Centenary Hall, Calicut. The Orchestra which has 30 performing artistes of which five are women was founded by Mr. Stanley Hulton, Professor of English in the Spicer Cottage. The Hulton Orchestra has set up a School of Music in which about 60 students are being taught to play the guitar, the tabla, triple Conga and Jazz.

ahmedabad

The students of the Mudra School of Performing Arts Ahmedabad presented a variety of dances at the Ambedkar Hall recently.

The programme was arranged by the 'Keralyeeya Purogamana Kala Samiti' to raise funds for free distribution of Malayalam books to the students of a Malayalam school in Ahmedabad.

Radha Bhaskar, a well-known dancer did her "Poot hana Moksham" beautifully. Her "Harihara Nritya" (brass plate dance) was a treat to the eyes. A Ramayana ballet "Bhavavani Raghuramani" in Sanskrit and other dance numbers by the young artistes were the other interesting events of the evening.

nabha

Nabha is a small industrial town near Patiala, where some women have formed a ladies' club and are actively involved in social welfare and in working for the families of the workers. They also organise many cultural programmes.

Recently they had a "Fancy Dress Nite" which was a highly colourful event.

world of eve

KETAYUN SAKLAT

Ketayun Saklat experimented with and developed the art of fabric collage as a substitute for that of making stained glass. Though her exhibition of stained glass in Calcutta created a lot of interest, the fragility of her medium created practical problems for potential buyers.

Ketayun studied art in Calcutta before going to England, where she studied the art of stained glass under Patrick Reyntiens, supposed to be the last word on the subject.

Ketayun finds glass both a delight and a torture to work with. Says she, "Glass seems so fragile that its resilience when you try to cut or break it, is remarkable. At the same time, the slightest wavering of your hand produces fine cracks. Eventually, it becomes a question of the right moment — when your determiniation to cut is such that it forces the glass to follow the pattern in your mind. Nothing like a bit of glass to humble one's pride!"

SINDHU KATDARE

Her sex has become her greatest handicap. Sindhu Katdare has the aptitude, the training and the experience, but not the opportunity to achieve her aim-that of becoming a professional photographer.

Her problem is aggravated by her dislike of photographing only "social functions" — the lot of the few women in the profession. But prospective employers doubt her ability to be in the right place at the right time with her camera. A totally baseless doubt, because Sindhu loves 'creative' photography and has been doing it on her own since 1971—working outdoors, trailing subjects at odd hours and odd places.

Veterans of the Photographic Society of India, which she joined in 1971, encouraged her. Her first solo exhibition was in 1973—the first in her batch. Her pictures have been displayed at the International Salons held in Ceylon and Edinburgh and have won her many prizes. Her latest exhibition was held in March this year. Her skill has been enriched by her training in music under Pandit Shivram. She was a radio singer in the 60s. She was also a stage artiste earlier.

madam im adam

I was telling you only the other week, honey, about one of those rare days when everything goes right. Well, this sure as hell wasn't one of them!

I was grouchy enough to make a gorilla take to the trees, and I felt like playing the Funeral March, with one finger, on the piano. Phyllis and the kids knew that something was wrong. They were moving about the house like ballet dancers performing on velvet.

There's one thing that always helps. I went in and built myself a drink strong enough to lift a Boeing off the runway. Then I stepped out on the balcony and watched scores of punched-out people on the streets going God-alone-knows-where. Then I saw my cousion, Egbert, ambling along in my direction. Hell's Bells, today just wasn't my day! Egbert is a guy who draws a reasonable salary, but spends it all in three and a half minutes and roves around the rest of the month touching people for a handout. And he never fails to get around to me.

* * *

When I opened the door for him, I yelled, "Got lost, meathead. You're about as welcome here as a knife in the jugular."

He slid easily past me, bent his behind into my favourite chair and reached for one of my cigarettes. This guy has more nerve than you'd find in a meat market. "Now is that the way to talk to your favourite cousin?" he said chidingly.

"I admit it isn't," I said, "but give me time. Listen, buster, I know you want to woo a banknote outa my wallet. Well, you're singing your love song under the wrong balcony. So get the hell outa here and starve like a man."

Phyllis musta heard that because she came in and said, "Confucius, how can you be so rude?"

"Stick around," I told her, "and get yourself an education. You ain't heard nuttin' yet."

* * *

"Phyl," said Egbert, "the milk of human kindness flows freely in your veins. Now, if only your husband could be like that."

"Never mind the pulp psychology," I snarled. "Do you admit you've come here to try and raise a loan?"

"I don't deny it," said Egbert. "All I need is a measly hundred. You could get that back in as many minutes."

"Flattery will get you nowhere," I said. "Do you mean to tell me you don't have a hundred to tide you over till payday?"

"Right first time," he said. "I blew a packet on a nag that mistook the starting gate for the winning post — and now I'm up the creek without a paddle."

"You see," said Phyllis, "at least he's honest."

That I admit. No stories about sick grandmothers or children in need of tonsil operations. Phyllis excused herself and went away.

* * *

"Knock on another door," I said. "You know I'd throw you a rope if you were drowning — both ends of it — but that's as far as I'd go."

Phyllis came back in with a tray. On it was a whisky and an array of snacks. What the hell! VIP treatment for a creep who would hock his grandfather's gold teeth if he had a grandfather. Egbert thanked Phyllis, said "Here's to a change of heart" and took a healthy gulp of his drink. "Keep asking him, Egbert," said my wife. "He's been known to relent — about once in a hundred years."

"I intend to," said Egbert. "I know that under his rough exterior beats a soft and gentle heart."

"I got news for you, boyo," I said. "The thing that beats in my chest could be used to crack rocks with." (That's another thing about this guy — whenever he's around, he shoots holes in my grammar.)

"Come on, Confucius, unbend," he pleaded.

"Nothing doing," I said. "Why, if I could get back all the moolah I've sent your way, I could go out and buy a gold-plated Cadillac."

"Aw, lend me the loot for the last time."

"Nothing doing," I said again. "You've told me that since you were a teenager picking up cigarette-butts off the pavement."

He got the message. But you know something, honey? He also won the day. Phyllis gave him the hundred.

G'bye now!

Adam

MANY OPENINGS IN MEDIA

Continued from page 47

NEWS CASTING, COMMENTATING

If you possess a good, properly modulating voice, then you can certainly make use of it in the field of advertising. Dolly Thakore is an established TV newscaster, and has one of the most-sought after voices for commercial spots on radio and television too.

Advertising is a very exciting field and specially so when you lend the voice to convey the message in the most effective way possible. One cannot, however, depend entirely on it financially — not in the initial stages at least. It is only after you have really established yourself in the field that this profession becomes secure.

Dolly Thakore

There are no full-time jobs for commentators.

At present there is no college or institute for training people in this field. Those schools which employ elocution and dramatics teachers are in a way helping children develop their voice to the fullest. The Radio Advertisers and Producers' Association (RAPA) in Bombay does have an ambitious plan to train people.

Female voices in India do receive partial treatment. Most documentaries have male commentators. As far as news casting goes, however, females are at the top.

RADIO

Dr. Kelkar joined AIR immediately after Independence, when broadcasting was not so popular and we had a limited number of radio stations in the country.

There is no denying the fact that this medium reaches the remotest corners of the country.

Being an all-audio medium, it affects not only the educated but also those who cannot read and write.

This medium has gone a long way towards effective communication and has a great future.

There is no training institute to train people for radio. But those who join the organisation have a Staff Training College in Delhi. The basic qualification

Dr. Kelkar

to join radio is graduation. Being well-versed in more than one language is also helpful. Training on the job itself is more rewarding than having a training institute. Also, the present job-availability would not justify an independent college or institute to train people for this medium.

Vrunda Moghe Dev

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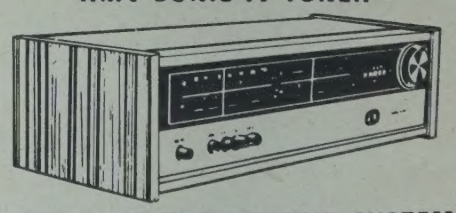

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